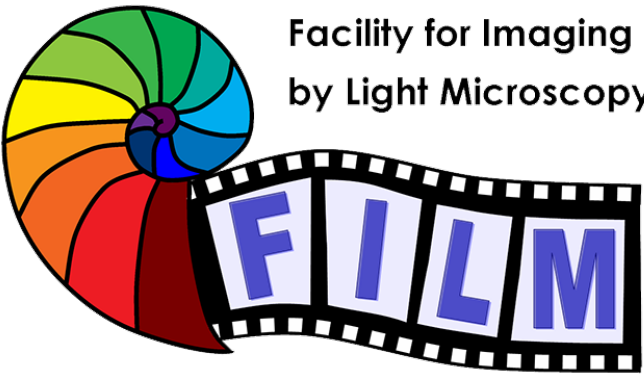


Basics of Optical Microscopy

Nicolas Olivier
King's College London

Imperial College London

Facility for Imaging
by Light Microscopy



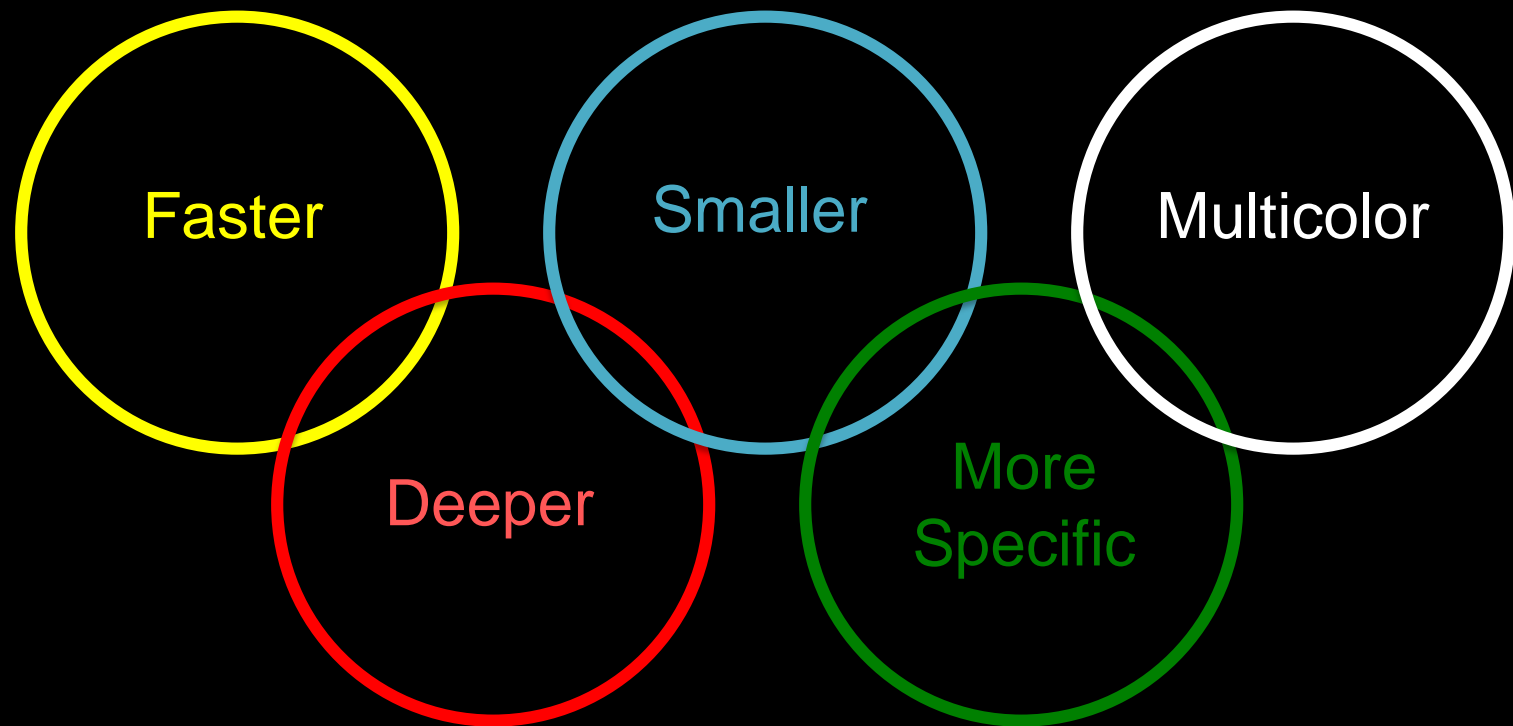
Observing Life As It Happens

Microscopy Day
FILM Facility
Imperial College
June 23rd 2015

Why use microscopes ?

Aim: observe the position of each molecule,
in a living organism in real time

« Microscopy Olympics »

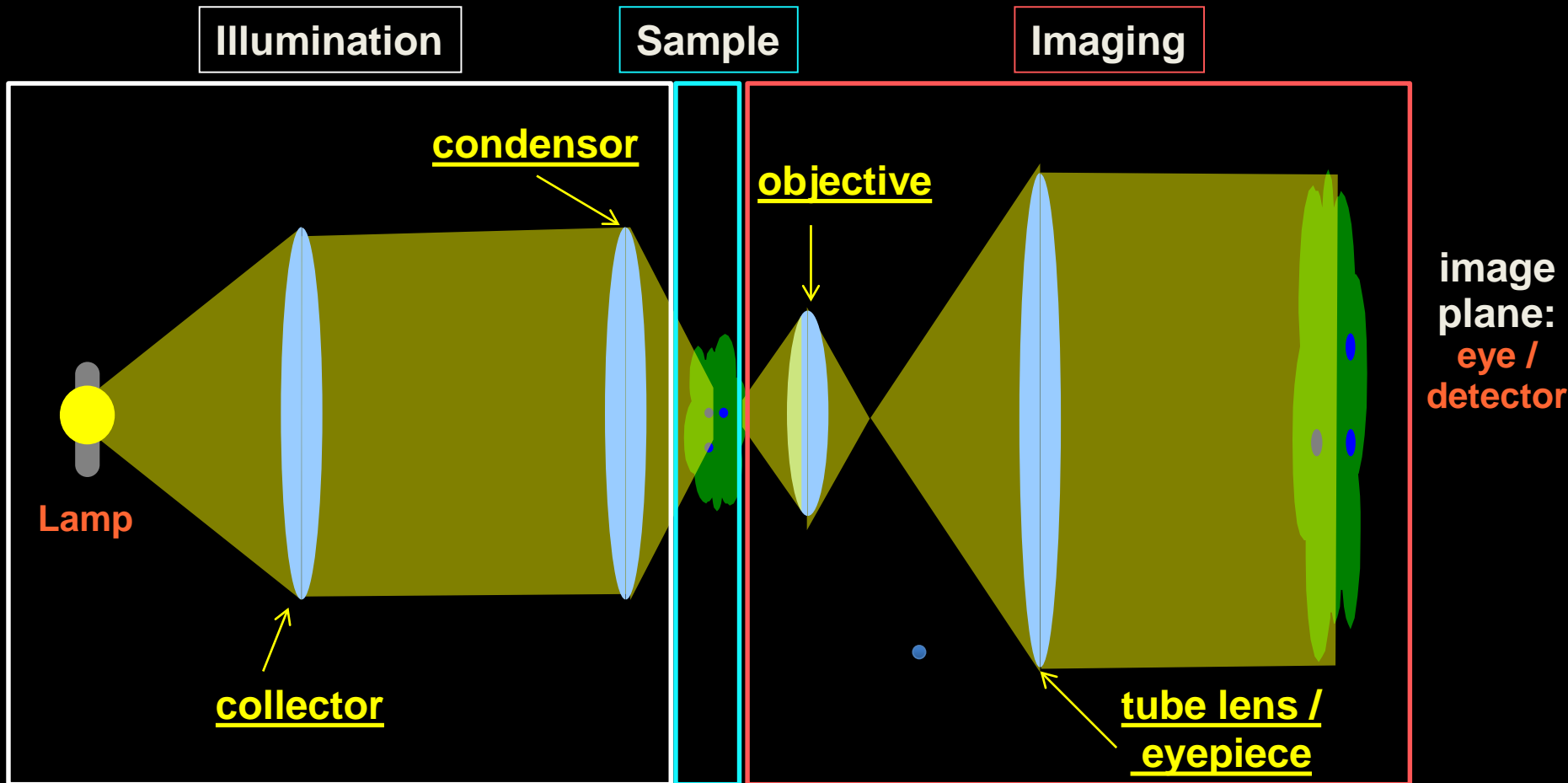


→ This talk: Smaller, More specific, (Deeper)

→ Other talks: All other aspects

Anatomy of a microscope

(Lots of) More complex designs exist, but we'll first stick to this ☺



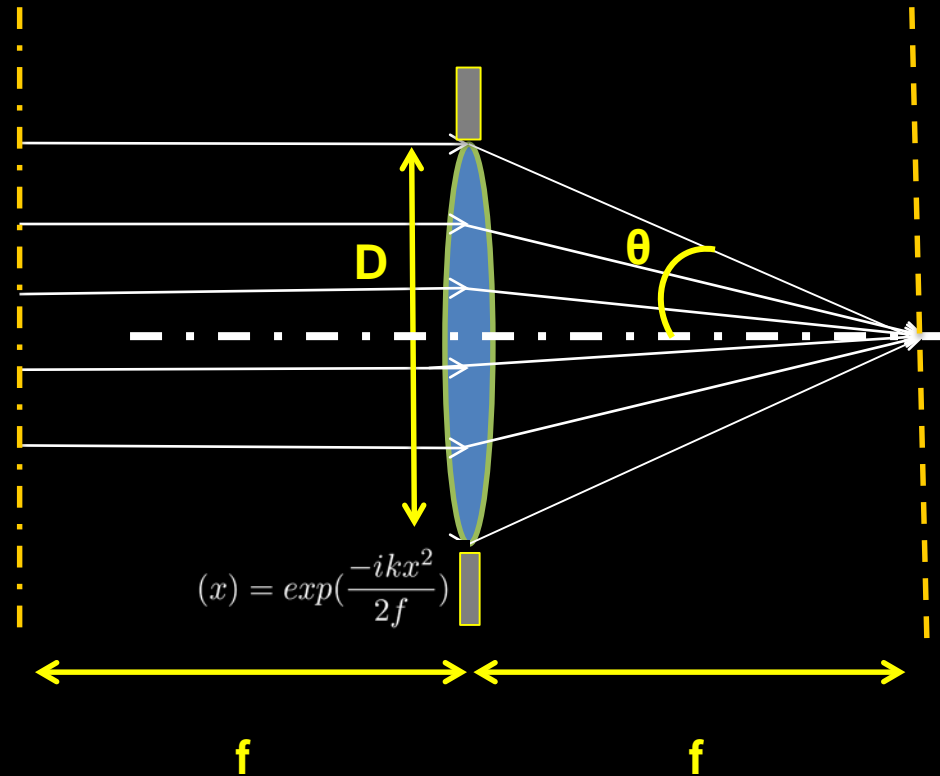
A microscope is ~ a light source, a detector, and some lenses in between

Anatomy of a lens

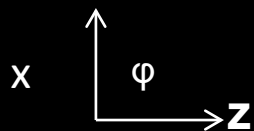
Back FOCAL plane

FOCAL plane

The **angles** at which the rays are emitted by a point in the focal plane can be seen as **position** in the back focal plane



A lens focuses **parallel** rays at the back focal plane to a **single point** in the focal plane

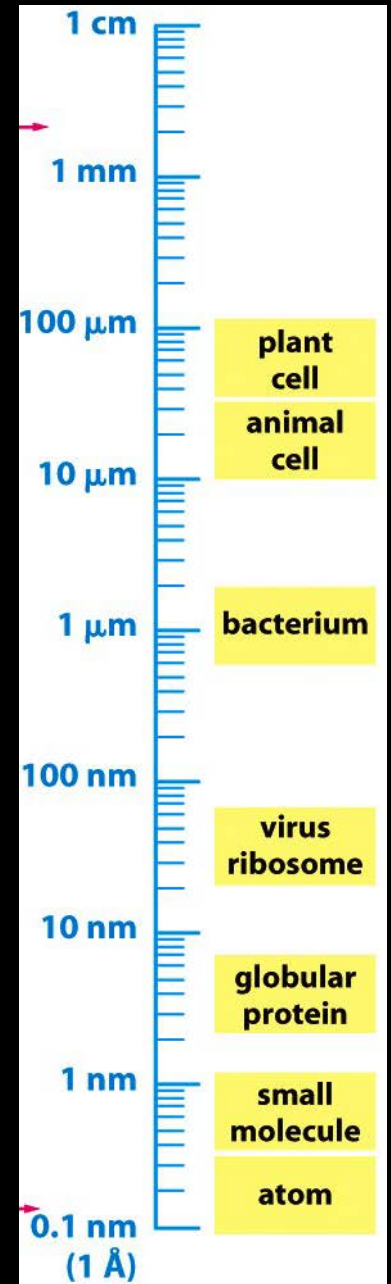


A lens converts **angular information** into **position information**

Looking at
small objects:
Magnification
and
Resolution

~Eye

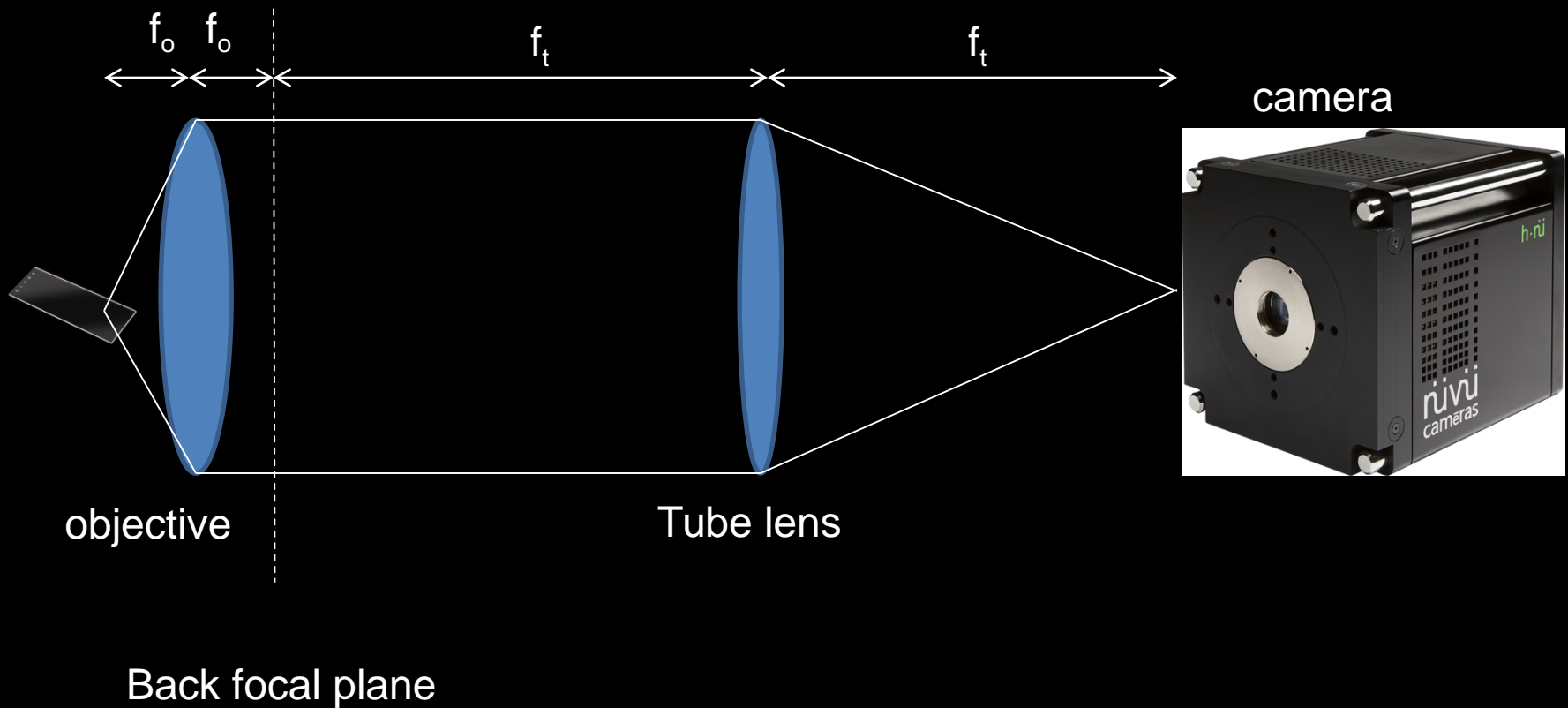
hair



Optical Microscopy

What is a microscope?

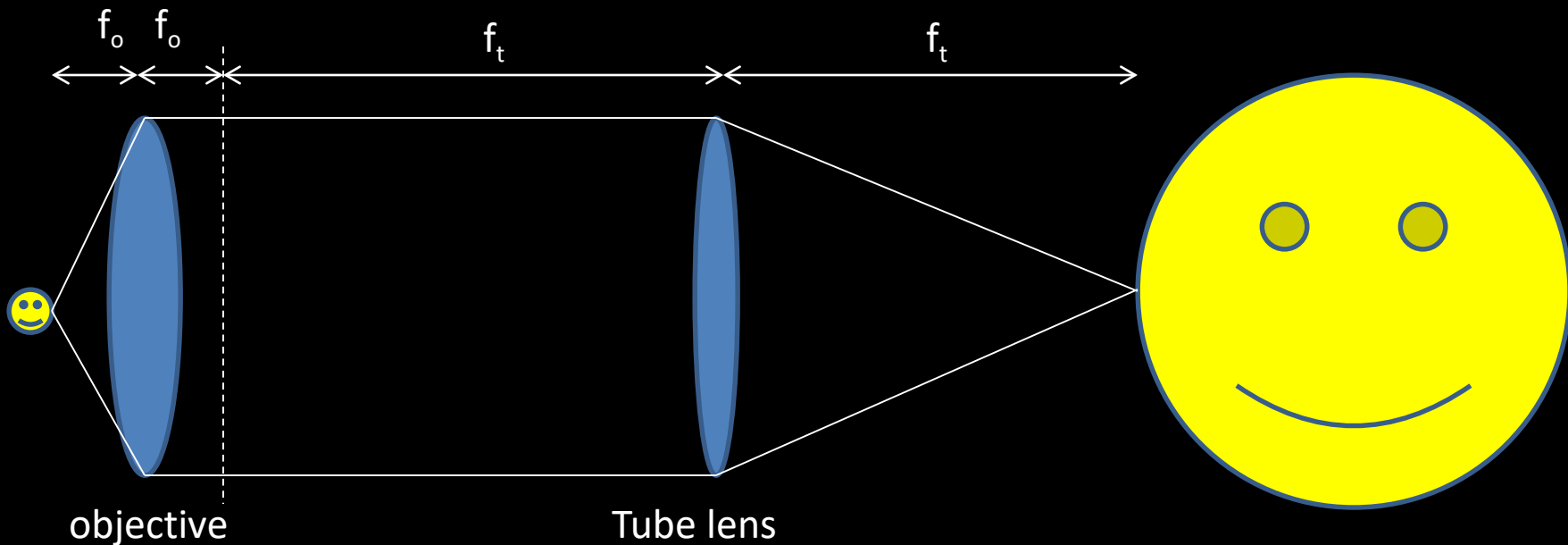
2 lenses system creating a magnified real image



Optical Microscopy

What is a microscope?

2 lenses system creating a magnified real image



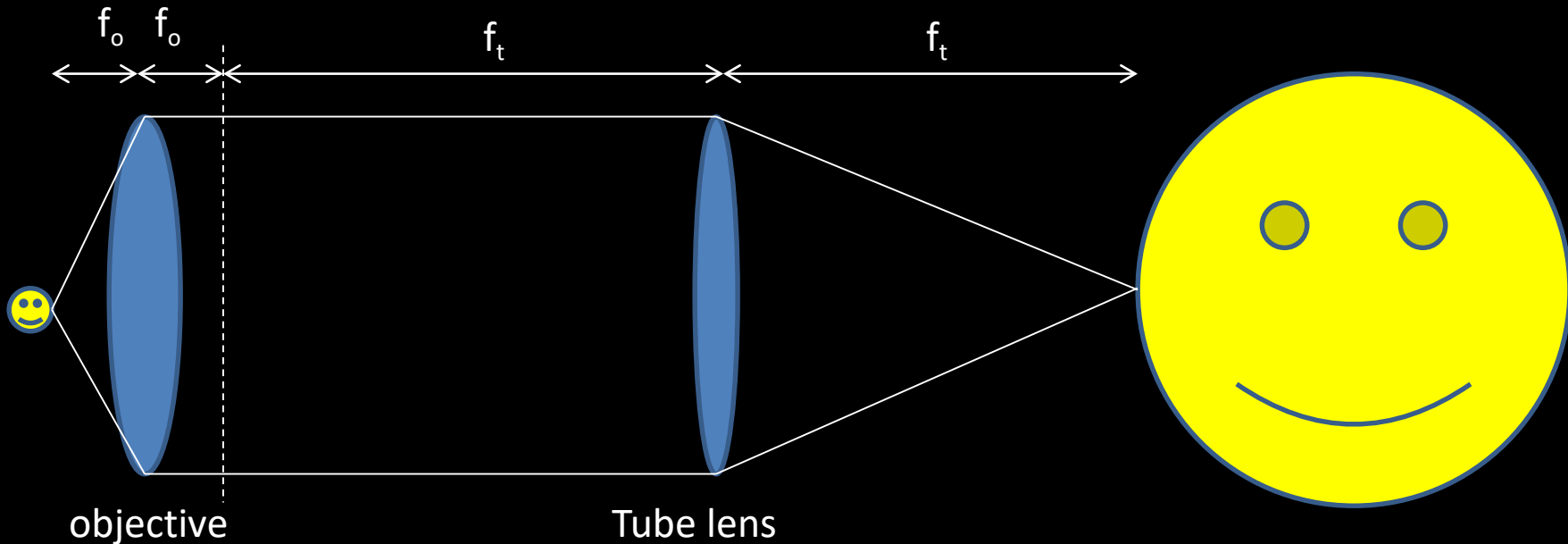
Magnification: Geometric optics ($M = f_t/f_o$)

Since the tube lens of a microscope is standard (for each company), microscope objectives are typically defined by their magnification instead of their focal length: a 10x objective means

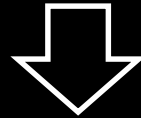
$$f_o = f_t/10$$

Optical Microscopy

2 lenses system creating a magnified real image



How far can we increase the magnification ?



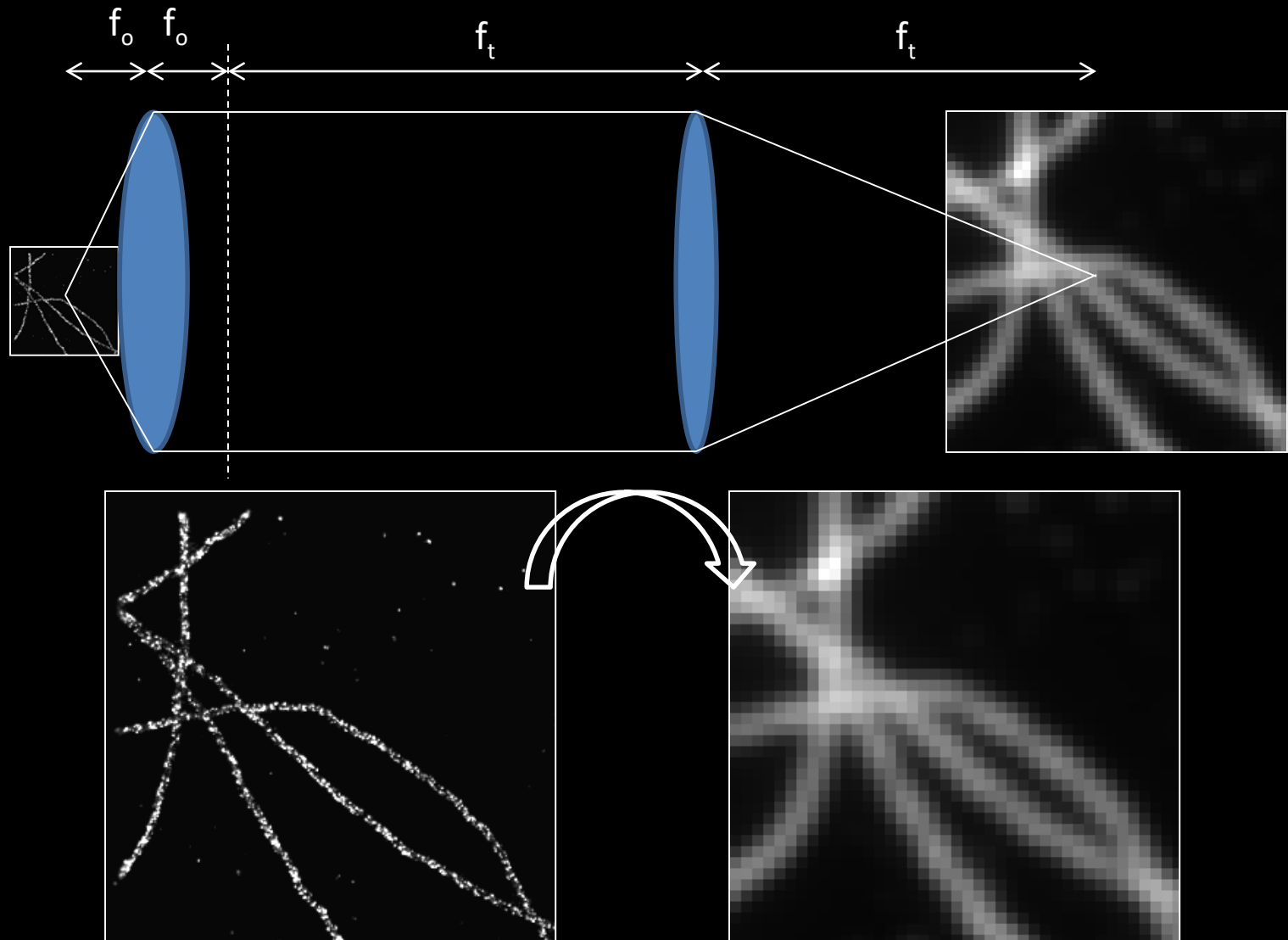
As much as we want !

Typical high magnification obj $\sim 100\times$: just need to stack 2 $\times 100$ microscopes to reach $\times 10.000$!

With a typical camera and 10.000 M, one pixel would be $\sim 1\text{nm}$ \rightarrow why not ?

Optical Microscopy

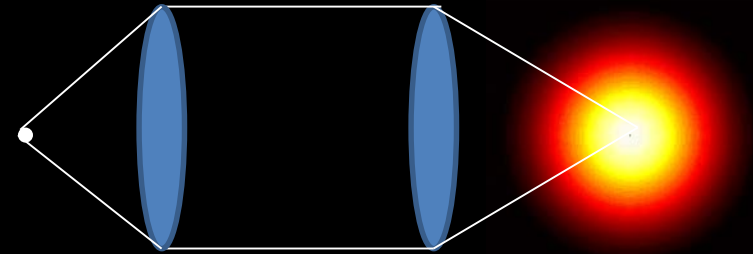
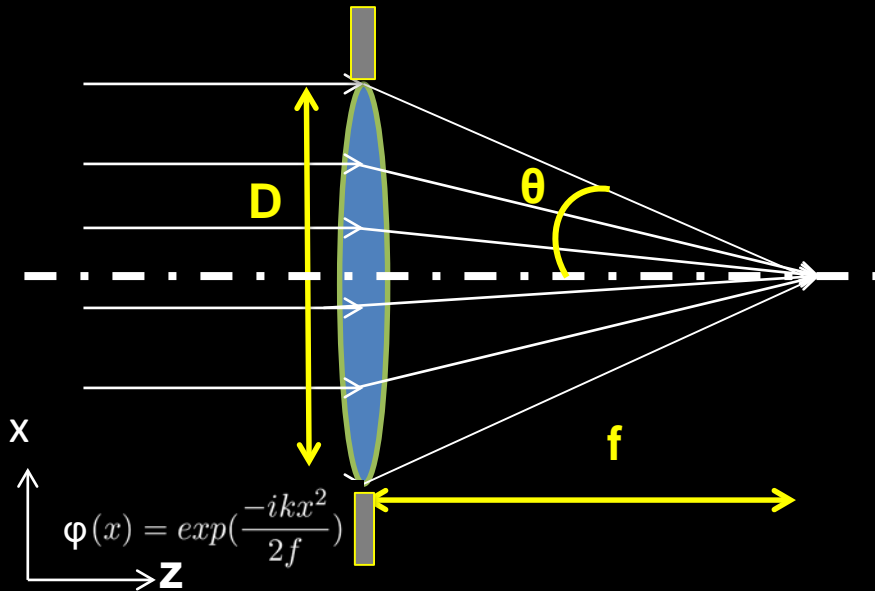
A microscope magnifies, but at the same time it blurs images



Light as a wave: Diffraction

The blurring comes from the wave nature of light

→ Image of a point by 2 lenses is a (~Gaussian) spot

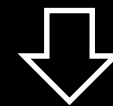


Size of the spot:
function of the numerical aperture

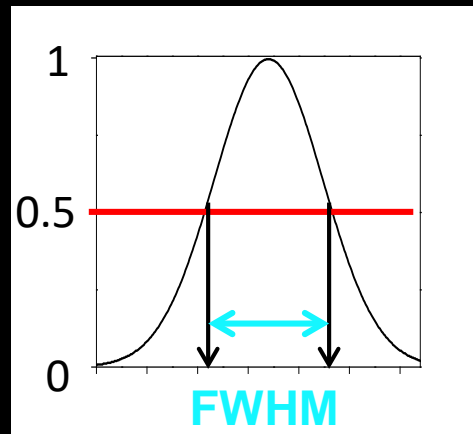
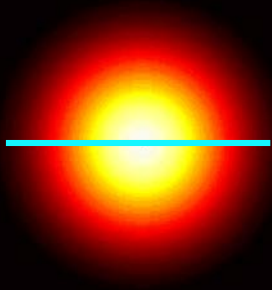
$$NA = n \cdot \sin(\theta) = n \cdot \sin(\arctan(D/2f))$$

n : optical index

$$FWHM \sim 0.51\lambda/NA$$



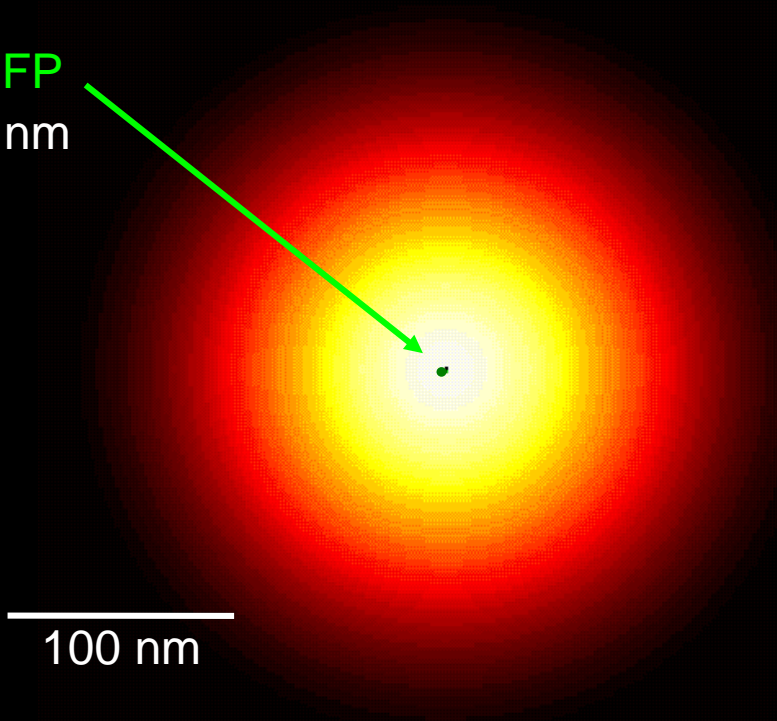
$$FWHM > 0.51\lambda/n$$



Diffraction: consequences

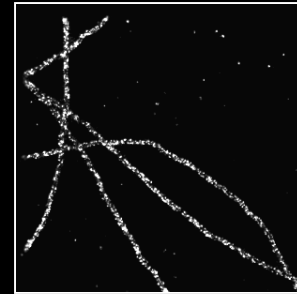
Image of a point source

GFP
3 nm

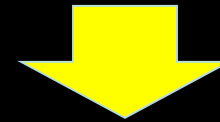
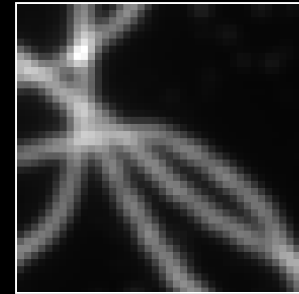


Diffraction limit
~ 100x size of a molecule

Linear system:



*  =



All the information smaller than the
diffraction limit is lost

Resolution

In terms of convolution:

The image is the original image magnified and convoluted with a Gaussian function of size:

$$\text{FWHM} \sim 0.51\lambda / \text{NA}$$

GFP (~520nm), NA=1.42

$$\text{FWHM} \sim 178\text{nm}$$

In terms of « Resolution »

Can we distinguish two neighboring objects ?

Rayleigh

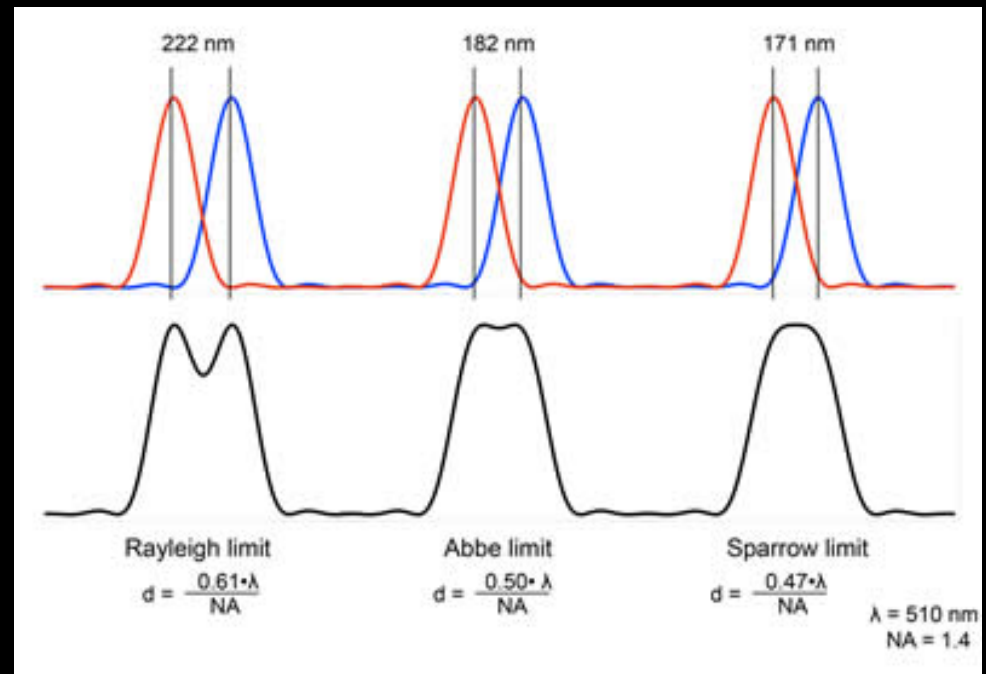
Distance
max - first zero

Abbe

Min distance to
resolve 2 peaks

Sparrow

Min distance
for inflexion point



Resolution in Widefield

Linear dependence on wavelength and Numerical aperture:

$$\text{FWHM} \sim 0.51 \lambda / \text{NA}$$



NA	λ (400nm)	λ (500nm)	λ (600nm)	λ (700nm)
NA=0.8 (air)	255	320	385	450
NA=1.2 (water)	170	215	255	300
NA=1.4(oil)	145	180	220	255

Super-"regular" resolution

$$\text{FWHM} \sim 0.51\lambda / \text{NA}$$



Decrease λ

Increase NA
 $\text{NA} = n \cdot \sin(\theta)$

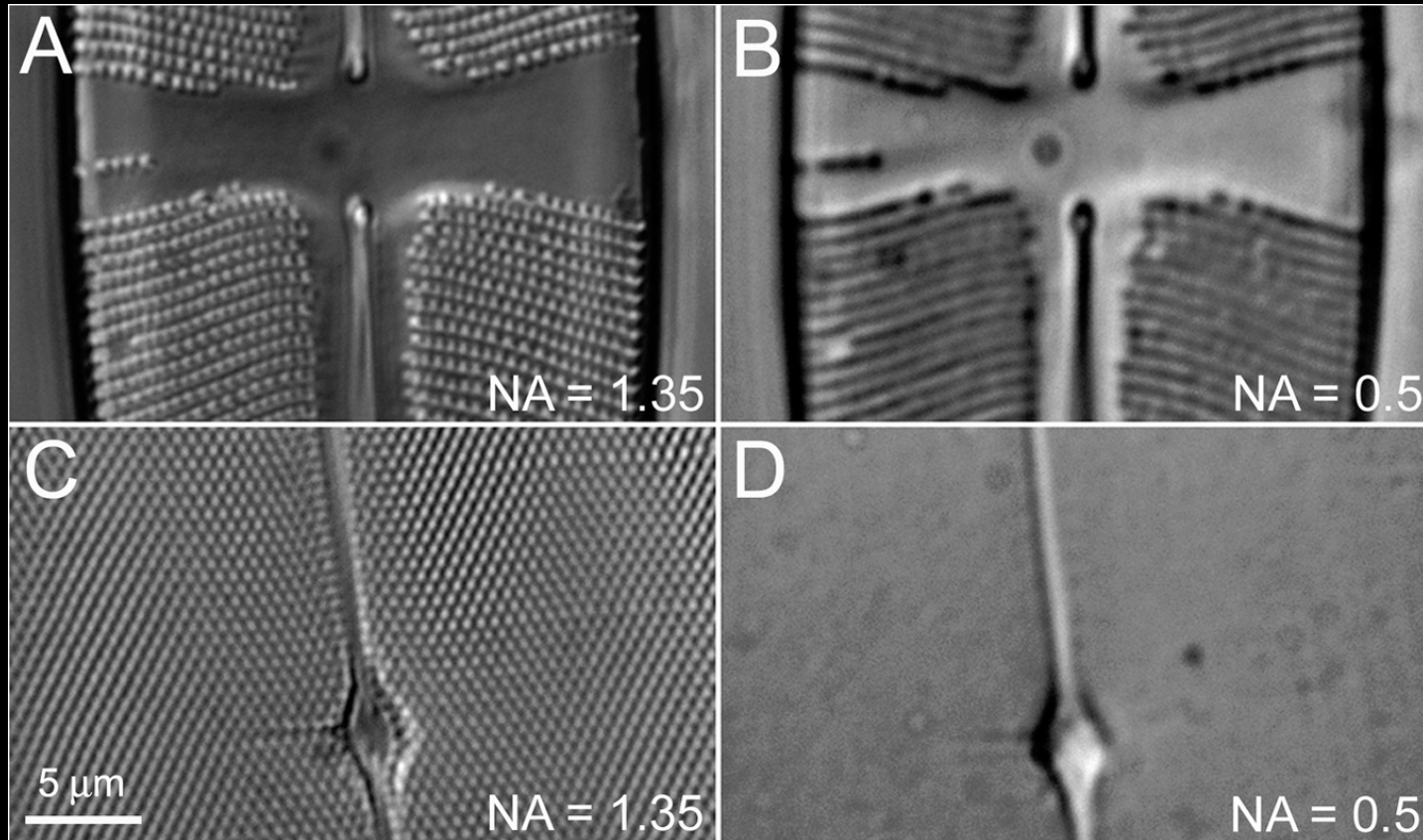


Increase n

Increase θ

Resolution in Widefield

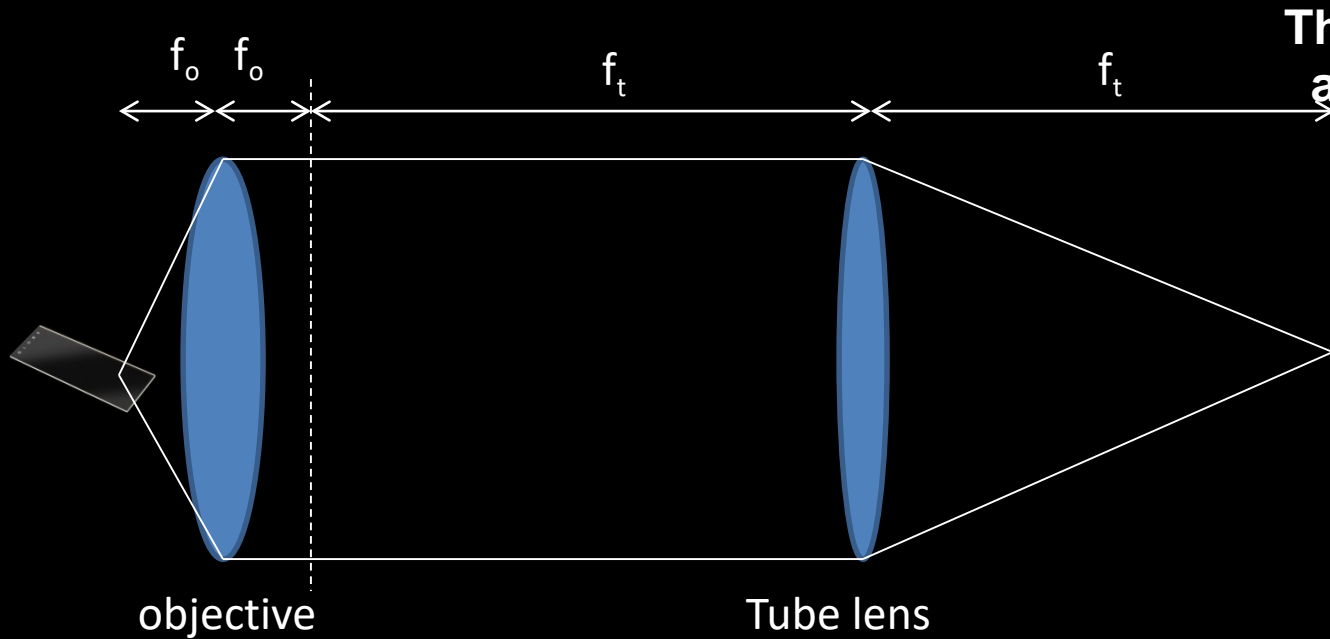
- Linear dependence on Numerical aperture: $\text{FWHM (r)} \sim 0.51 \lambda / \text{NA}$



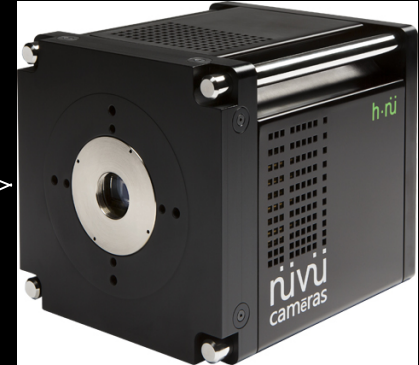
U Plan-Apo 100 objective lens with an adjustable NA (0.5–1.35)

The NA, not magnification determines the resolving power of the objective lens !

Camera and Sampling



The camera needs to be able to capture all the information



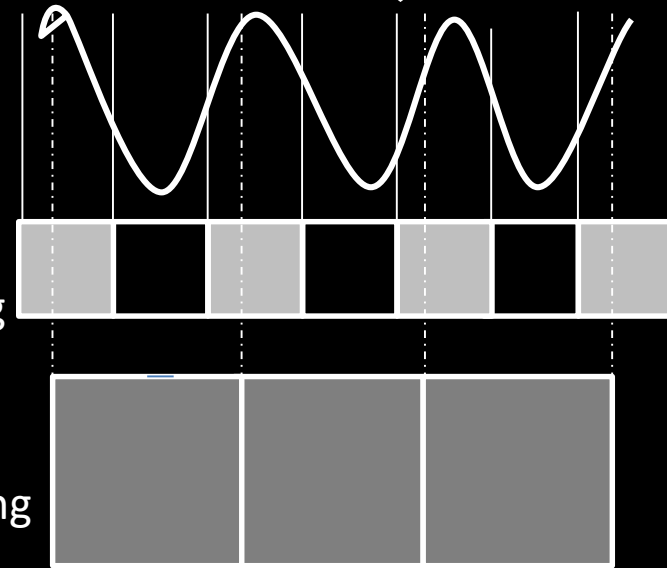
Nyquist theorem

To capture the full information, the sampling frequency needs to be at least twice the highest sample frequency

$\text{Cos}(k \cdot x)$

π/k
sampling

$2\pi/k$
sampling



Pixel size $< \frac{1}{2} * \text{resolution} \sim 0.25\lambda/NA$

Looking at
small
objects:
Magnification
and
Resolution

**Resolution is limited by diffraction
(blurring), not magnification**

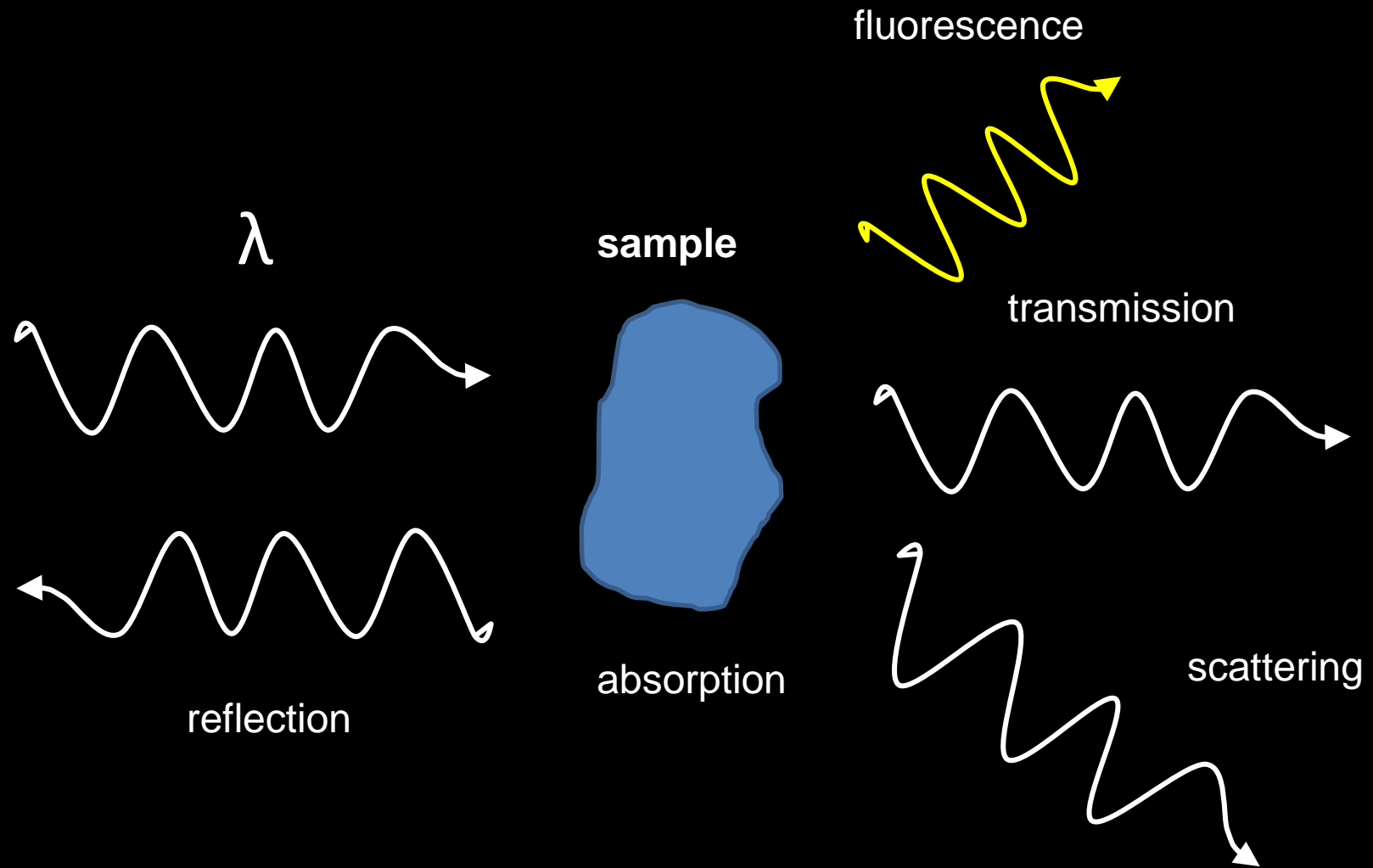
**Commercial microscope fully
characterized by magnification and
Numerical aperture of objective lens**

**Camera needs to fulfill Nyquist criterion
otherwise some information will be lost**



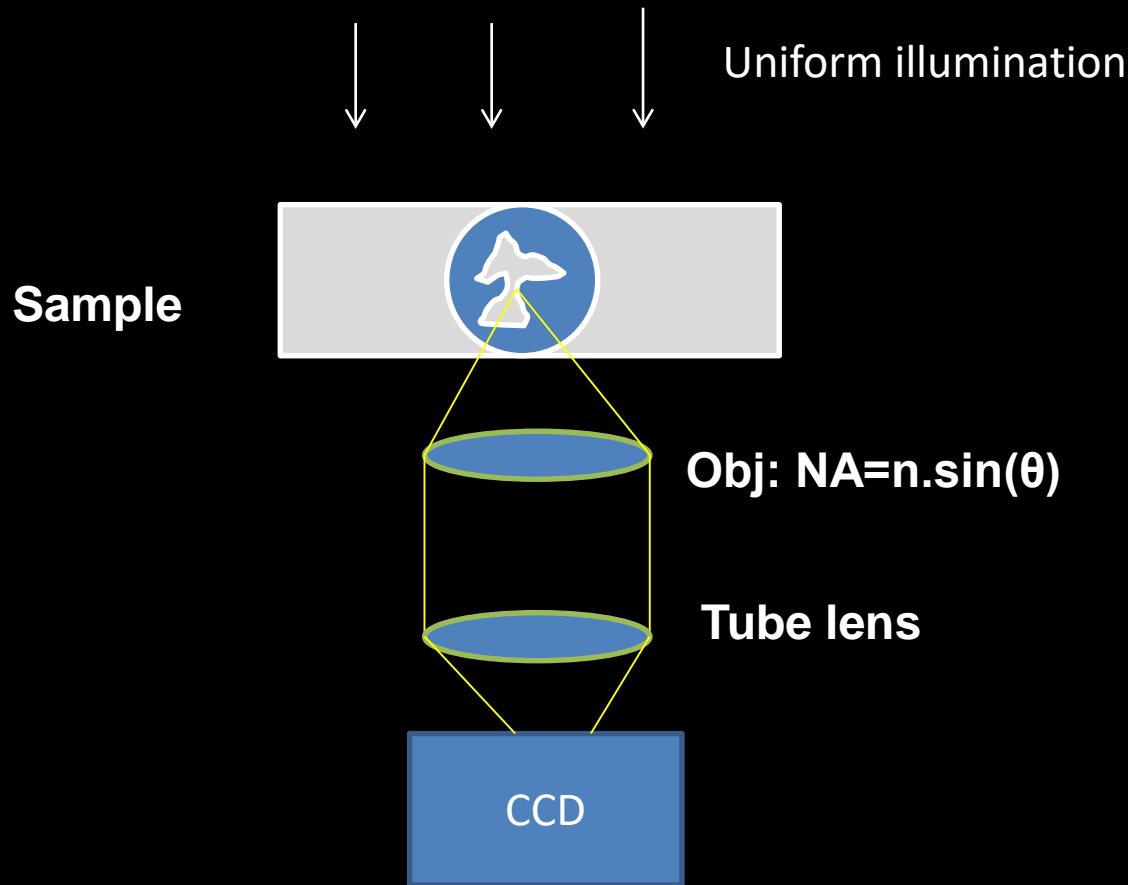
Looking at
something
specific:
contrast
mechanisms

Light matter interaction



These interactions can be probed using different geometries

Brightfield microscopy (transmission)



Requires good illumination

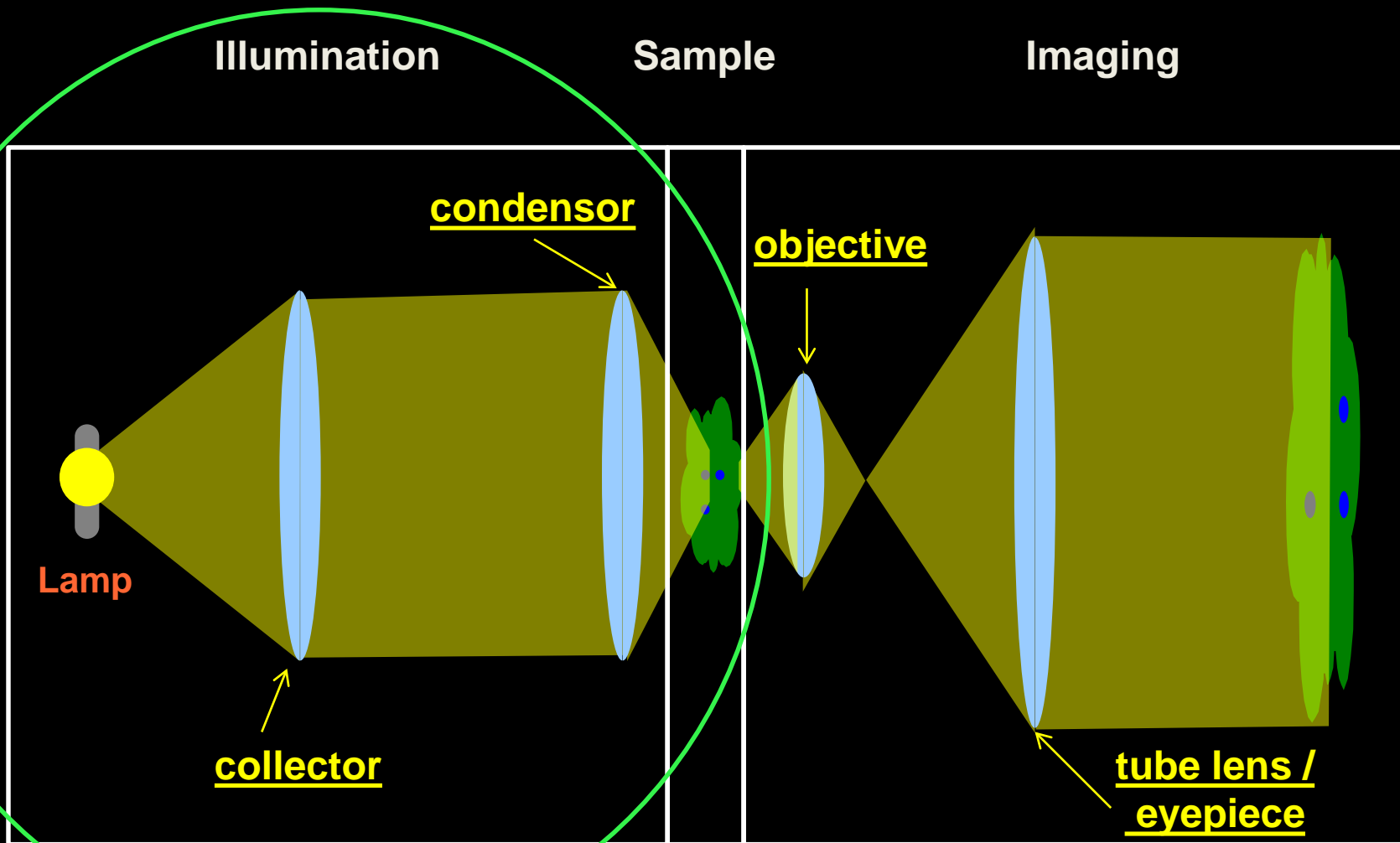


Low contrast on cells ☹️

Widefield transmission microscopy:

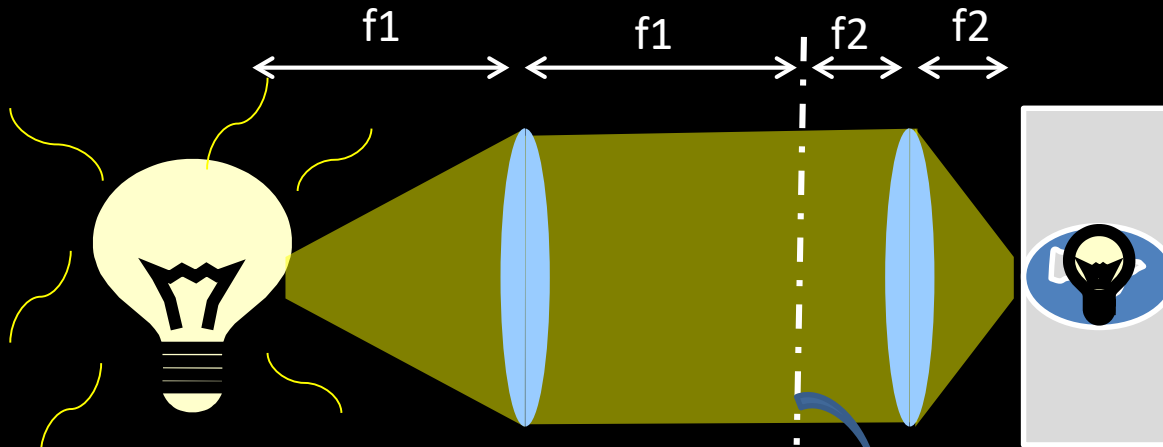
sensitive to absorption, reflection and some scattering (absorbance)

Achieving uniform illumination



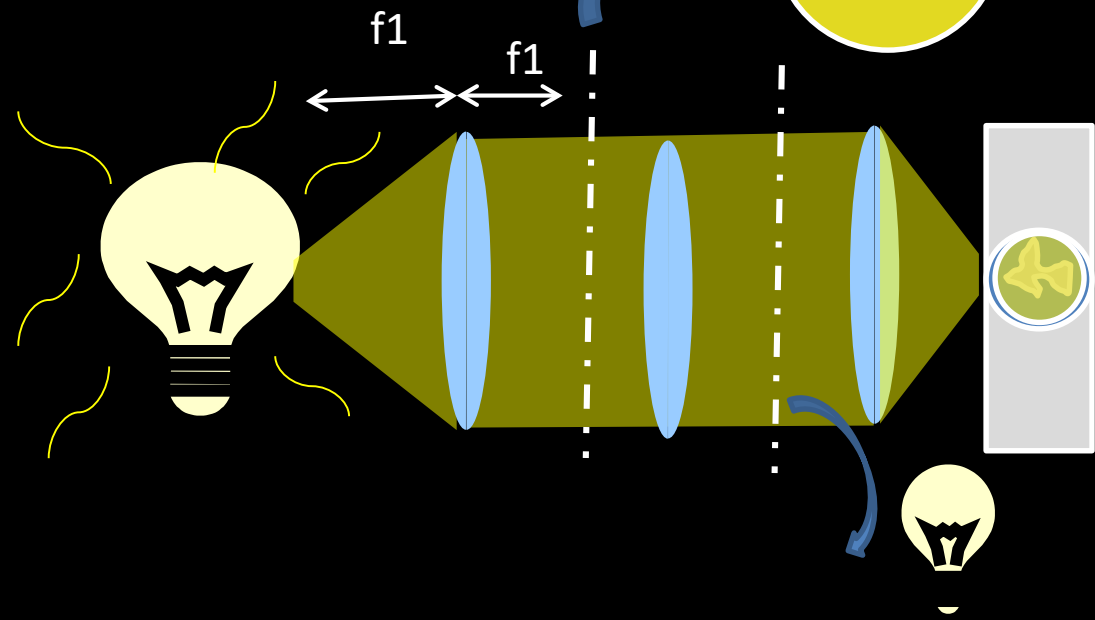
Aim : prevent image formation of light bulb in sample plane

Achieving uniform illumination



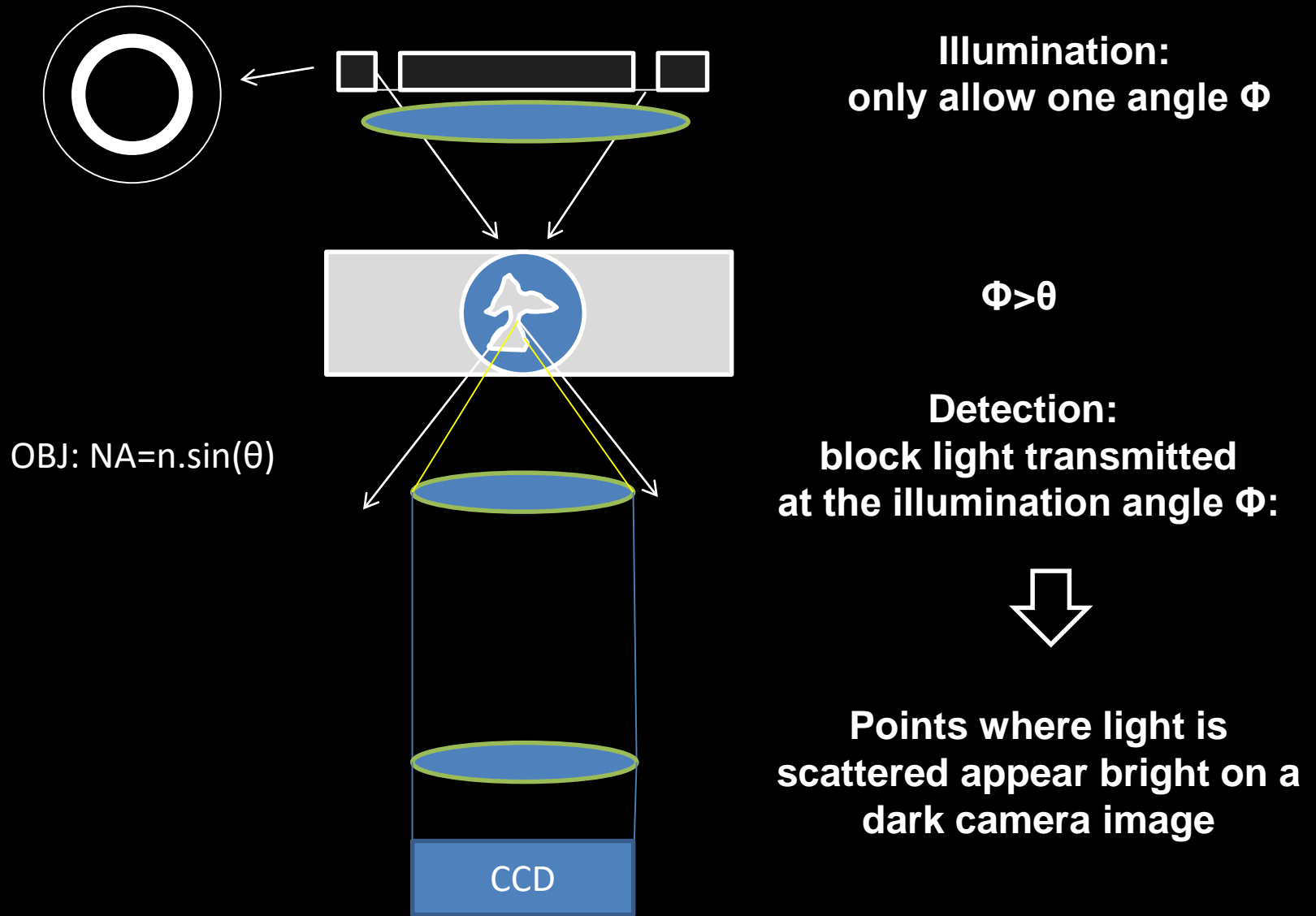
In this simple configuration, the lightbulb is imaged onto the sample !

Since the light bulb emits light in every direction, the intensity in this plane is uniform



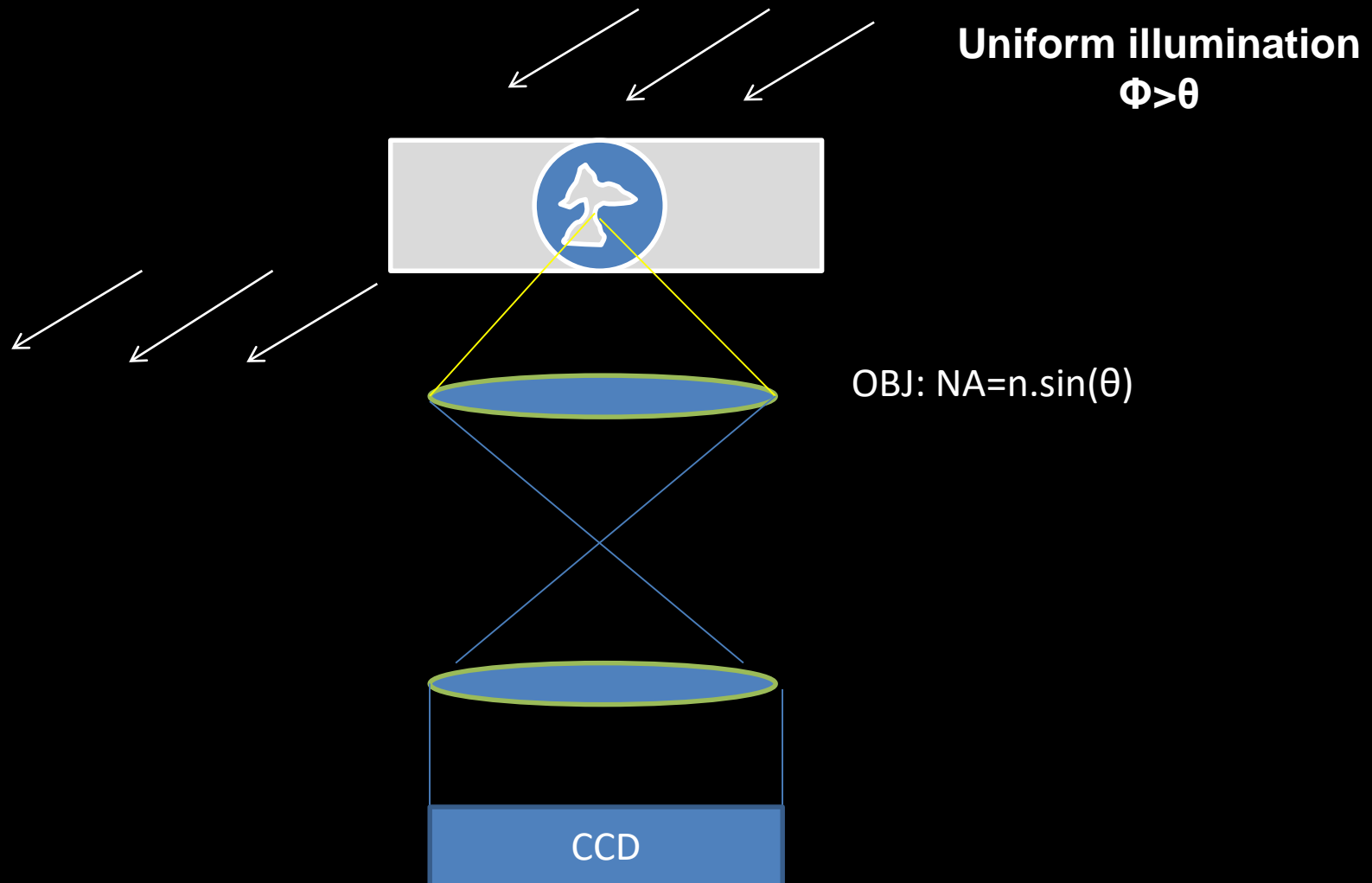
Köhler Illumination:
the light bulb is imaged in the Fourier plane

Looking at scattering: dark field

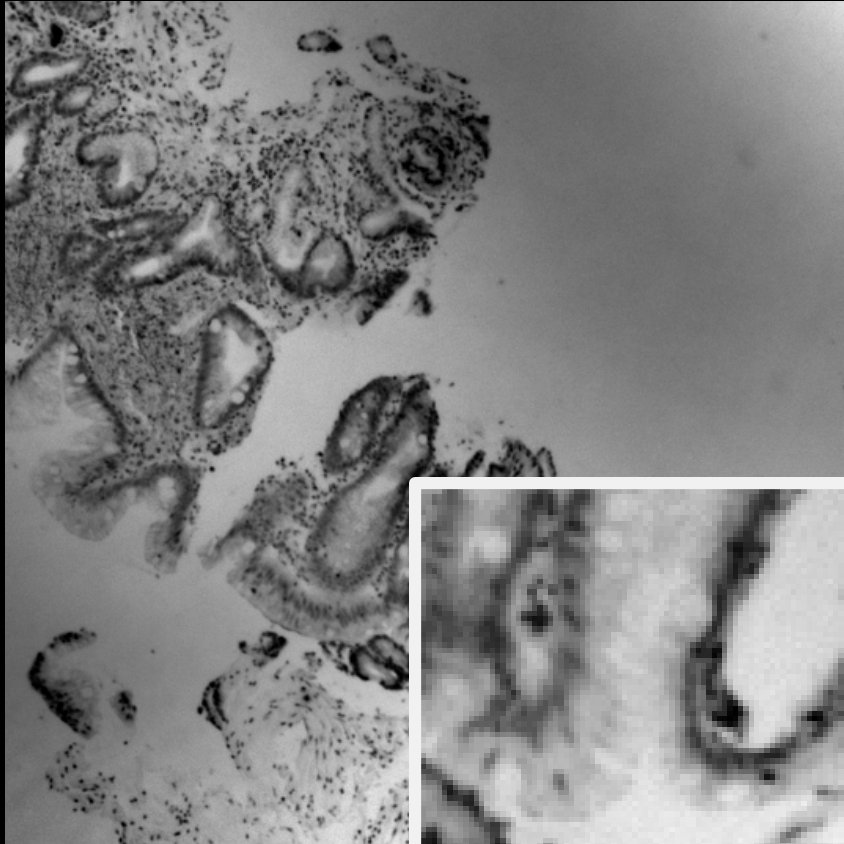


Looking at scattering: dark field

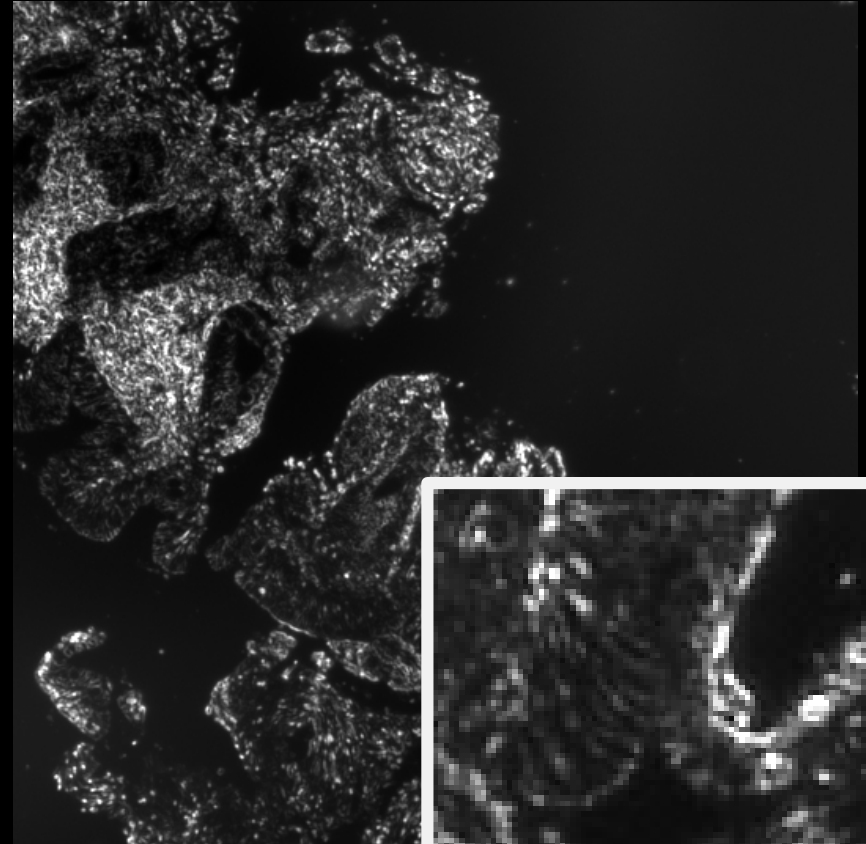
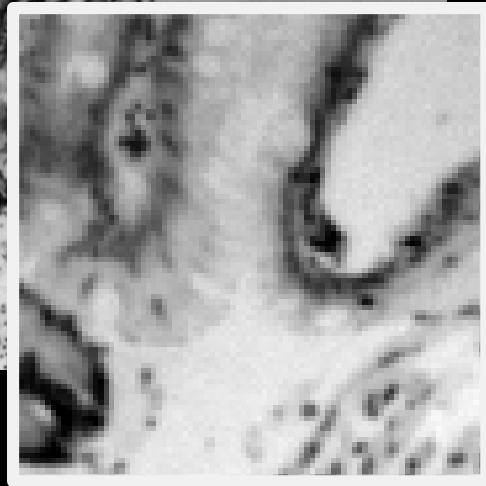
Simple darkfield:



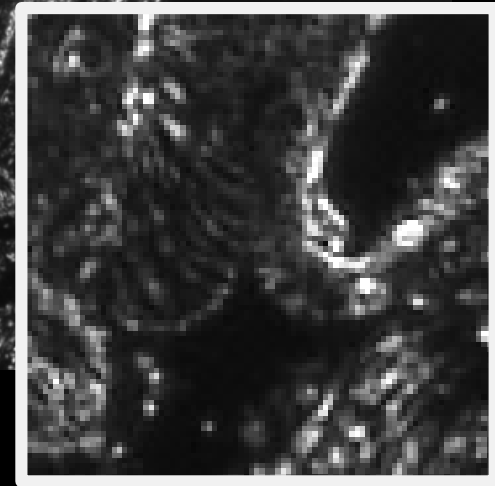
Looking at scattering: dark field



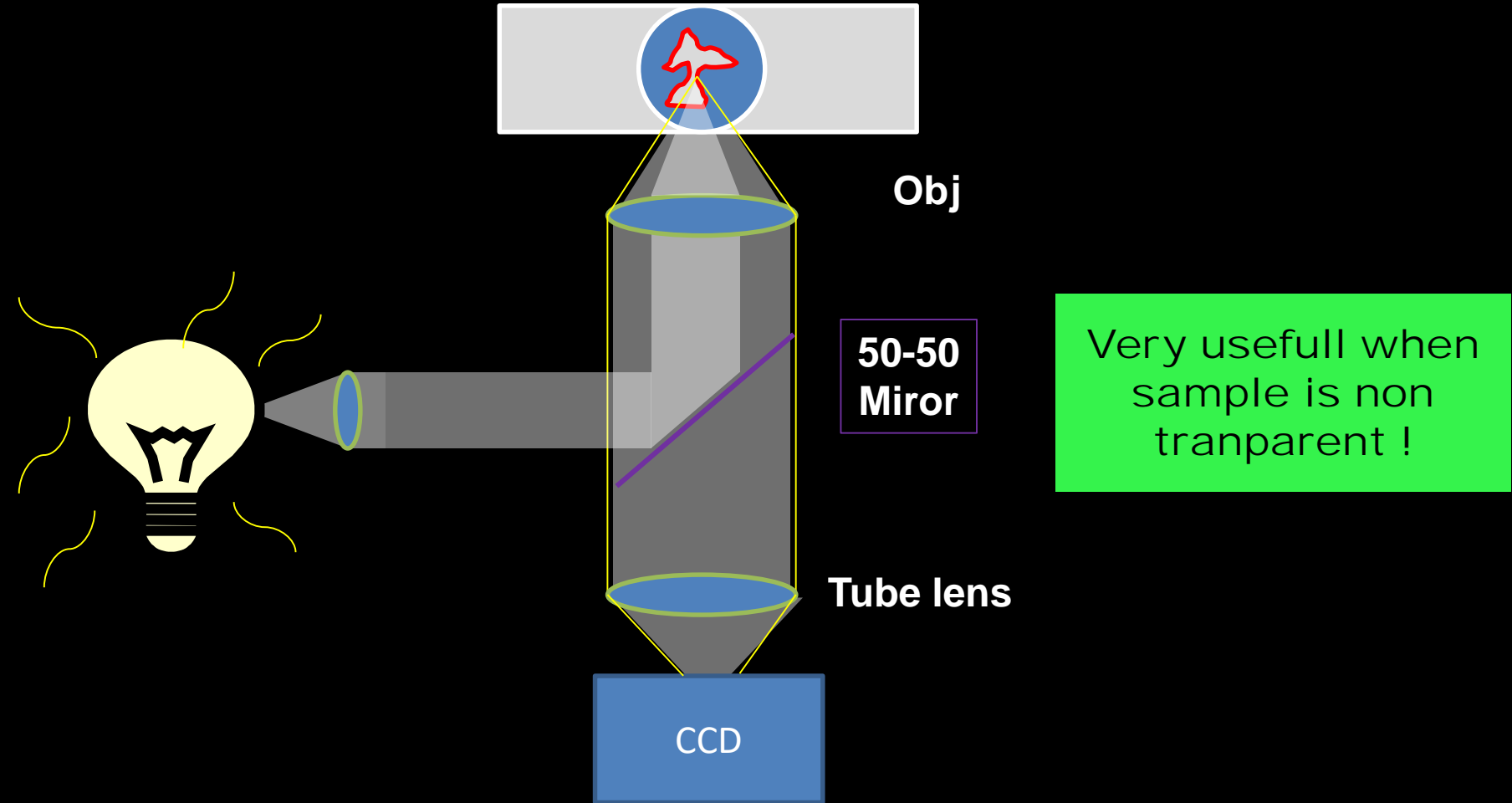
Brightfield



Darkfield



Reflection microscopy

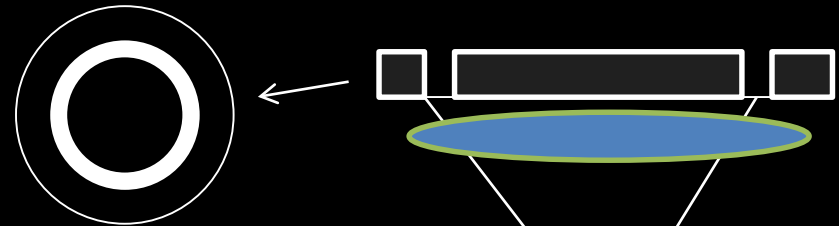
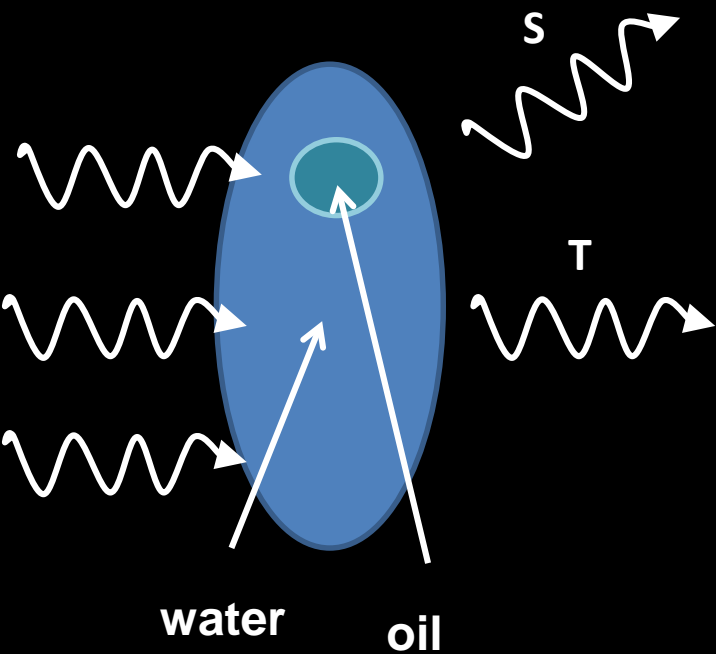


Looking at optical indices: phase microscopy

Zernike 1930s

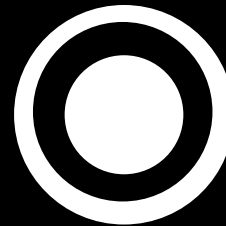
Both water and oil are transparent
BUT
Different indices of refraction
Water: 1.33
Oil: 1.51

Cell

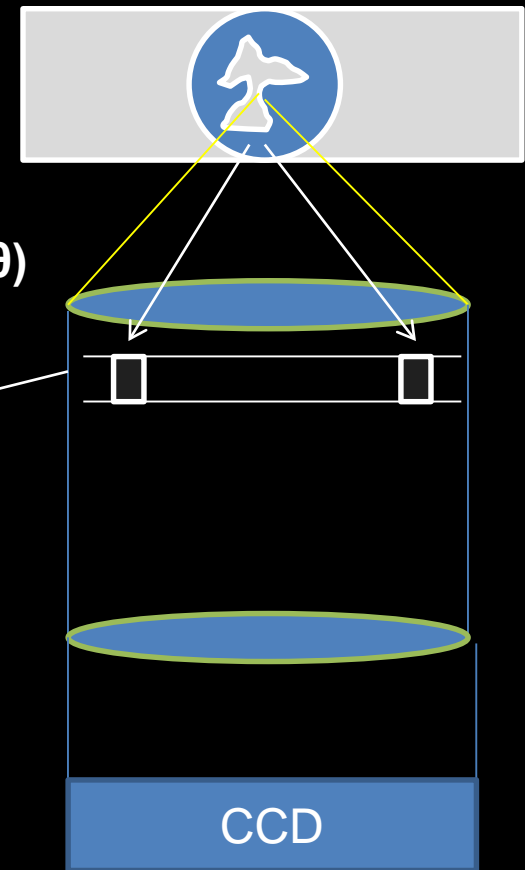


Same as dark field

OBJ: $NA = n \cdot \sin(\theta)$

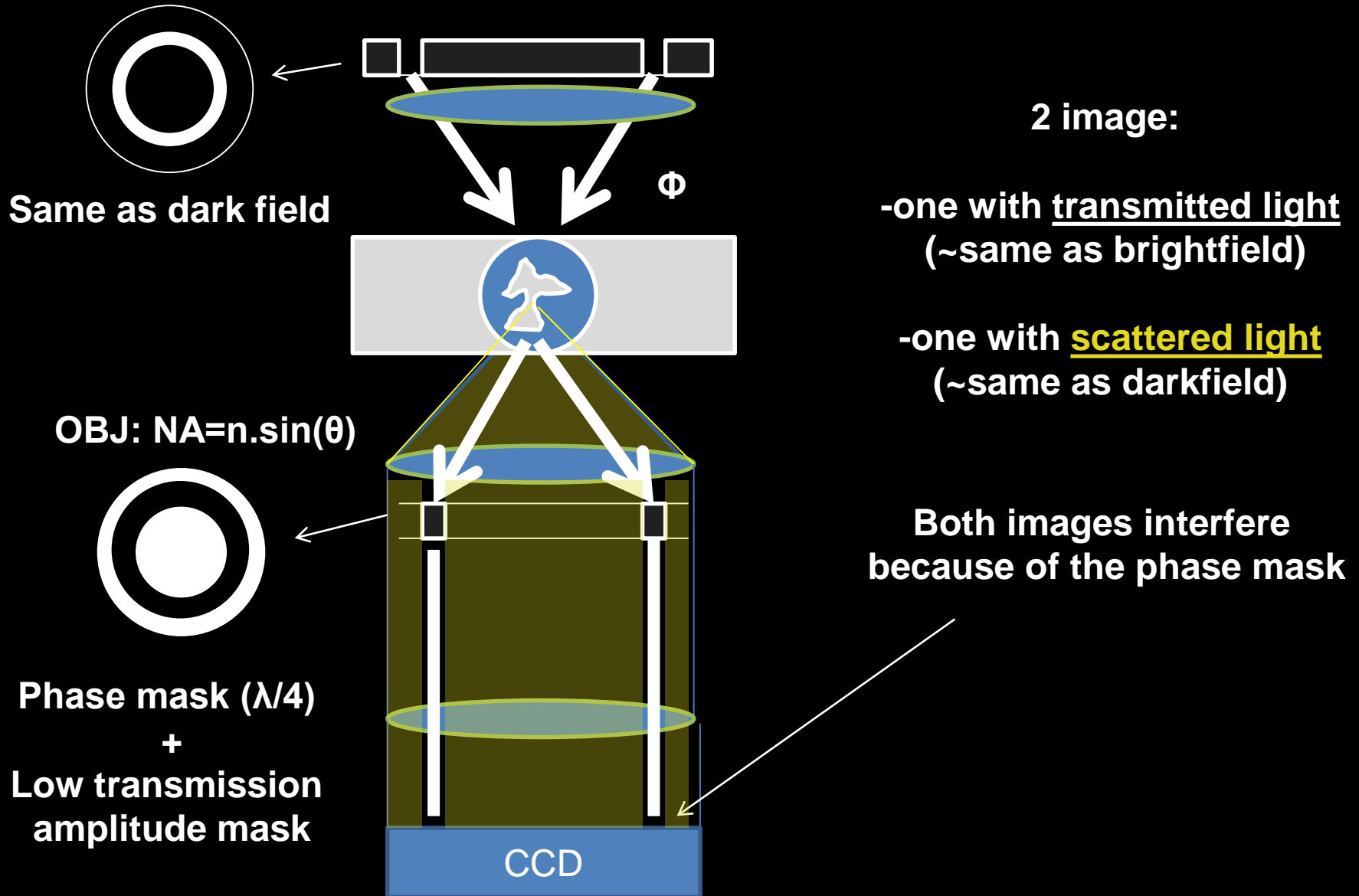


Phase mask ($\lambda/4$)
instead
of amplitude mask



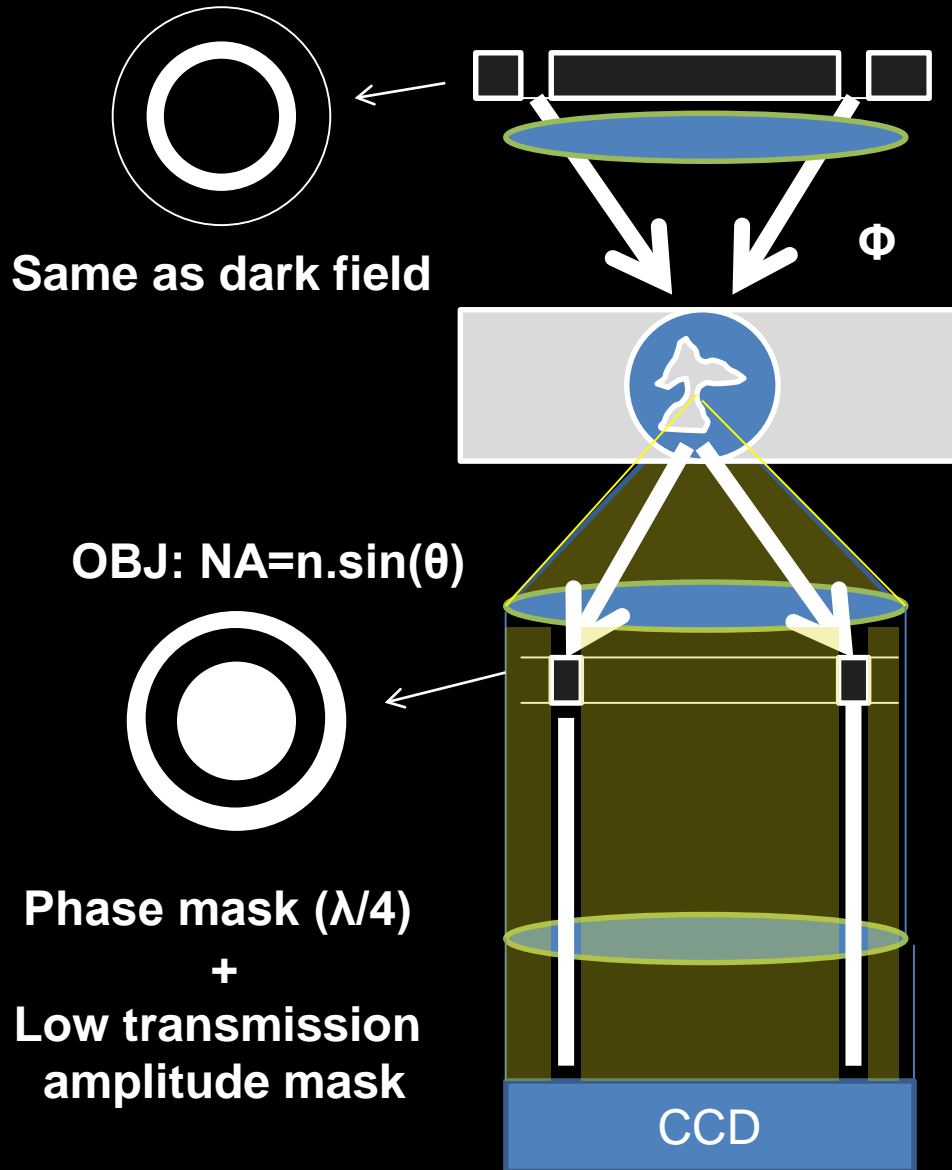
Looking at optical indices: phase microscopy

Zernike 1930s

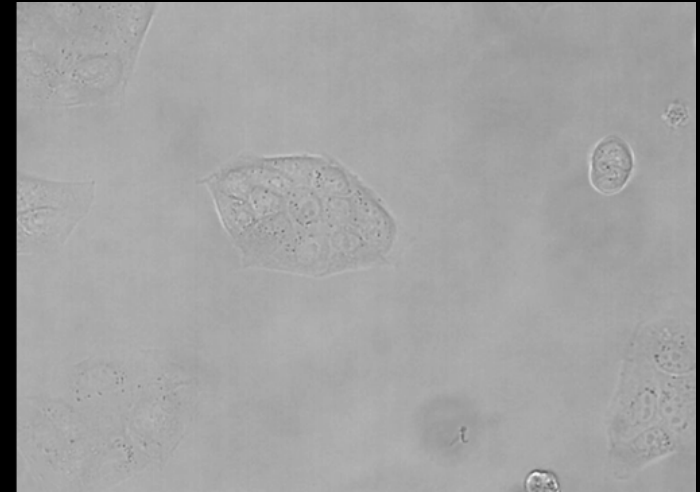


Looking at optical indices: phase microscopy

Zernike 1930s



Brightfield



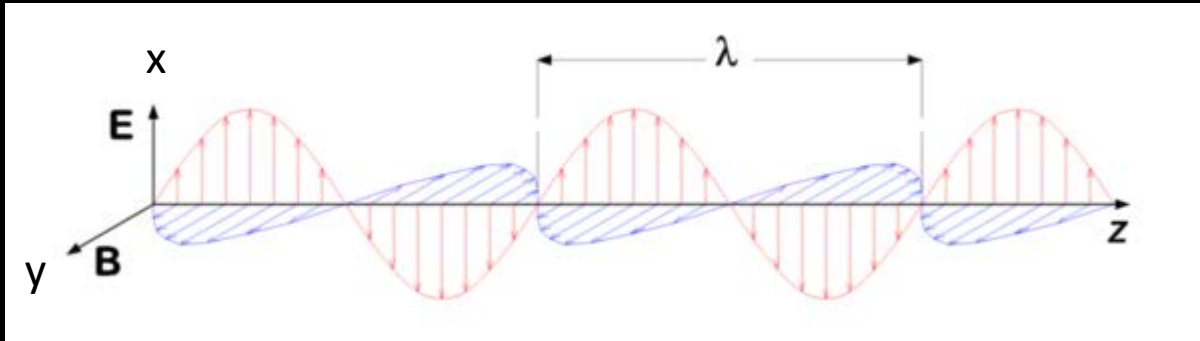
Phase contrast



Looking at optical indices: polarization microscopy

So far we've only looked at the intensity and phase of light, but it also has vectorial properties

The electric field can propagate along a given axis: its polarization axis

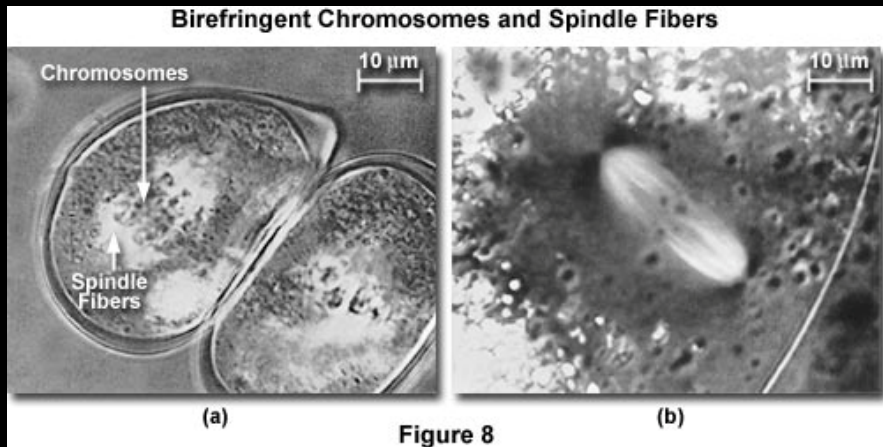


A polarizer can select a given polarization

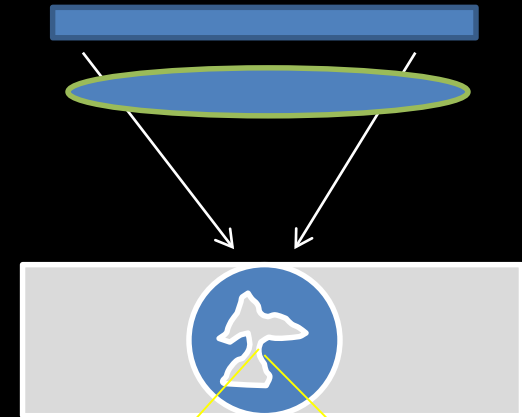
Looking at optical indices: polarization microscopy

Some samples are birefringent: they can rotate the polarization of light !

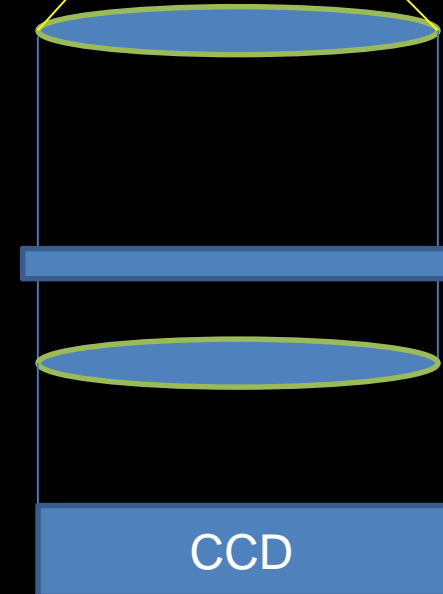
Only the parts of the sample that can rotate the polarization appear bright



**Polarizer
along x**



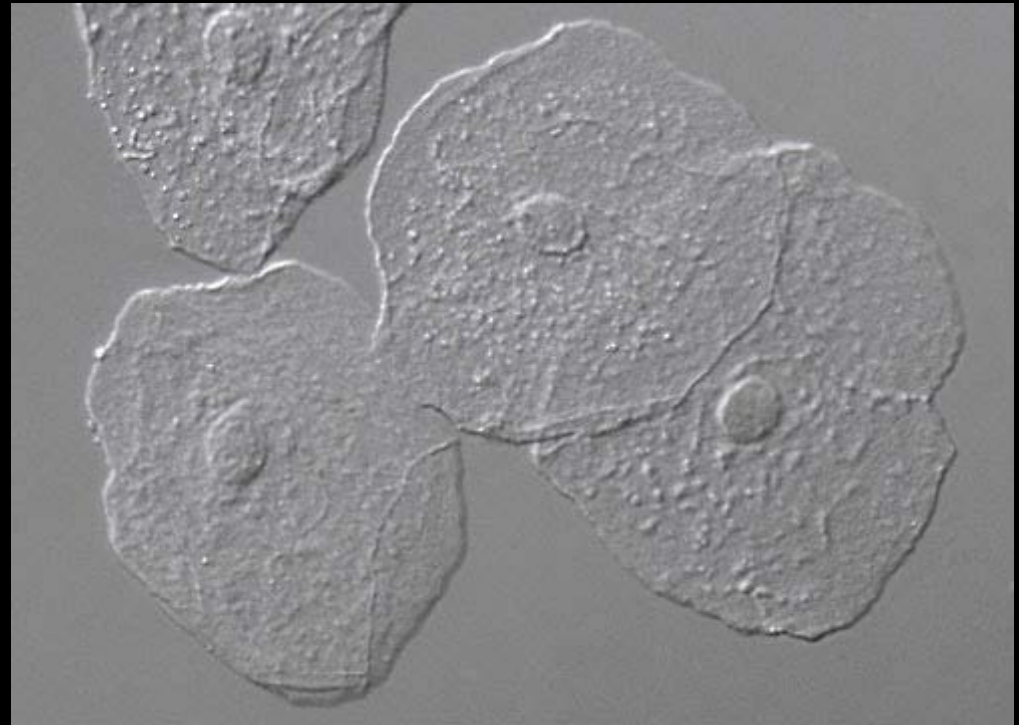
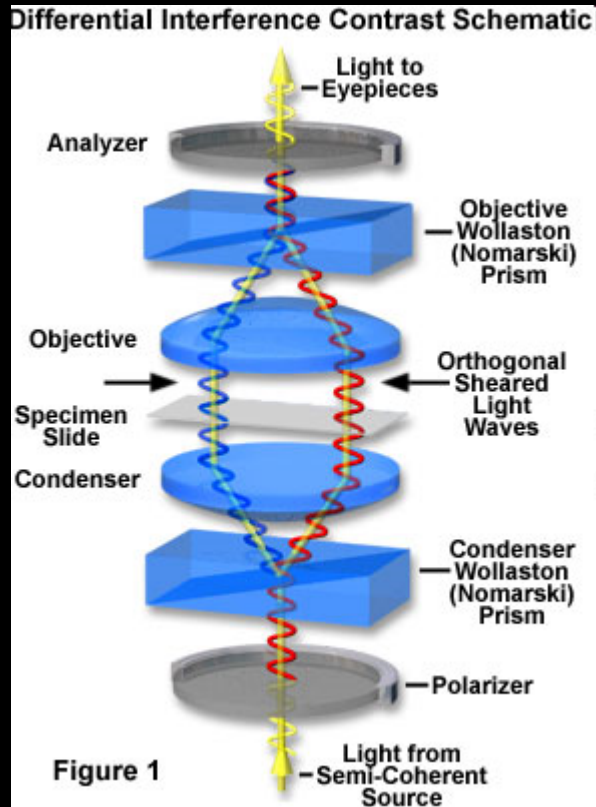
**Analyser
along y**



Looking at optical indices: DIC microscopy

Differential Interference Contrast (DIC)

DIC microscopy is an extension of phase contrast where two different polarizations are used

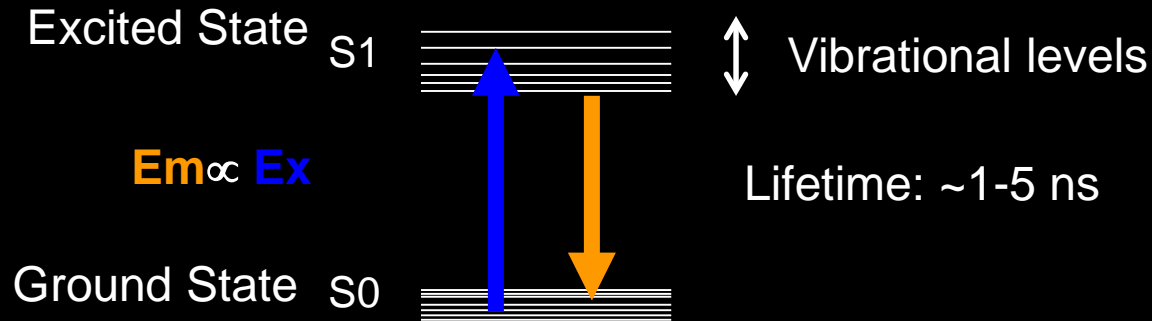


from 'microscopy primer'
(<http://micro.magnet.fsu.edu>)

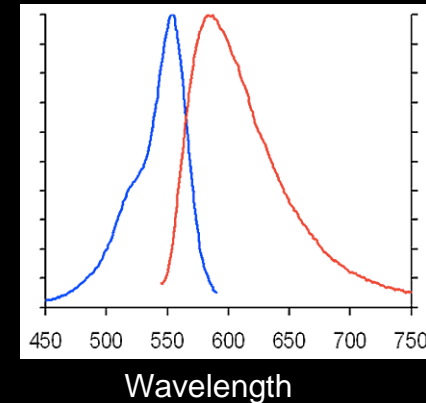
Fluorescence microscopy

Simplest and most powerful ☺

~ two level system



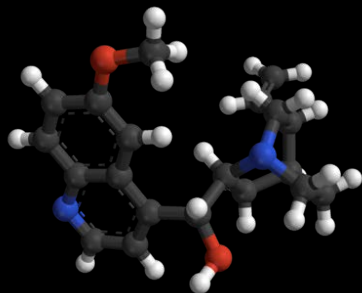
Ex



Em

Organic dyes (XIX)

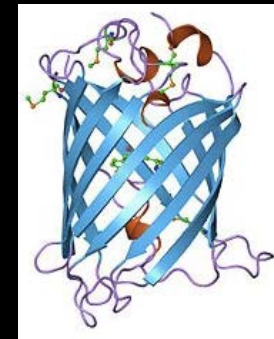
Ex: Rhodamine 6G



Proteins: GFP : 1994-1997

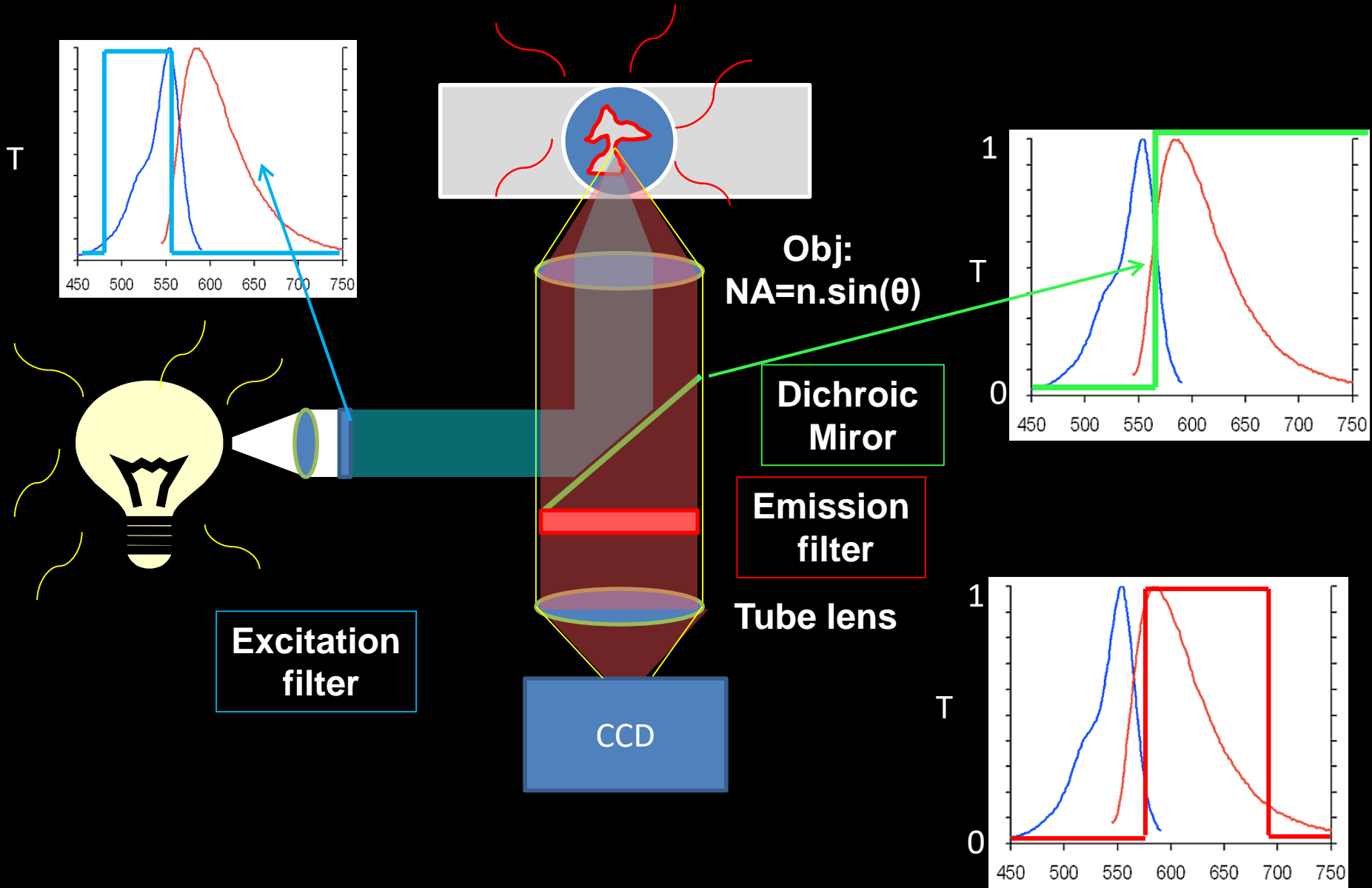
Nobel Prize Chemistry 2008

Tsien, Chalfie, Shimomura

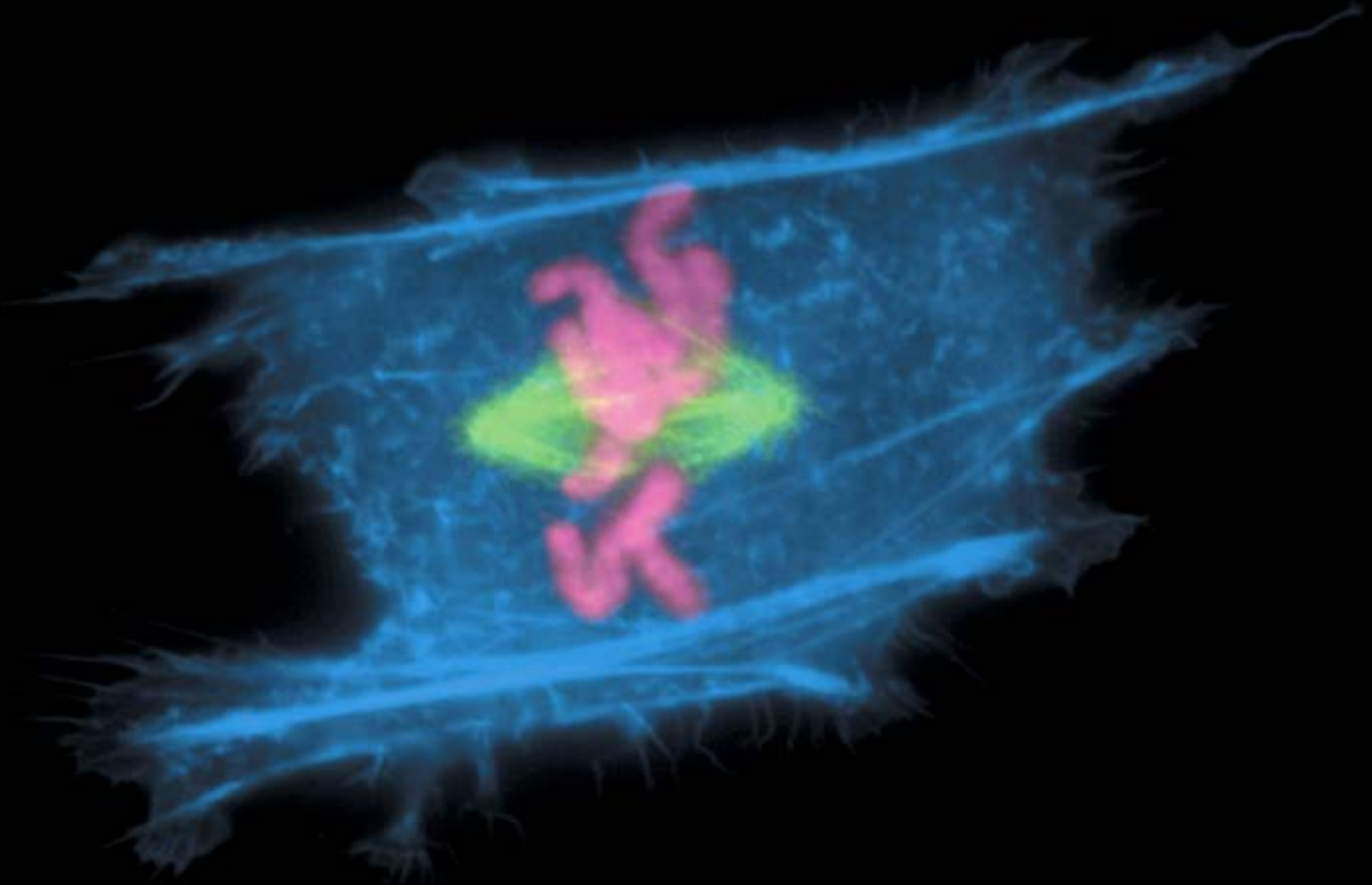


can target specific protein
in living cells

Fluorescence microscopy



Fluorescence microscopy



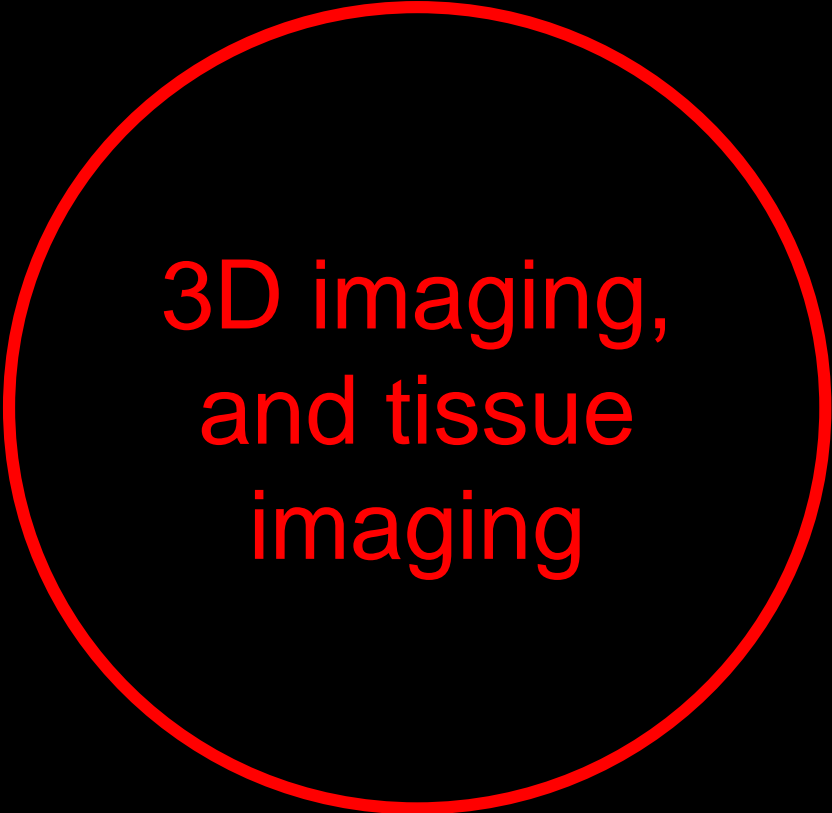
Looking at
something
specific:
contrast
mechanisms

**Brightfield microscopy is easy,
but has low contrast on cells**

**Darkfield, Phase contrast and DIC help
improve the contrast through more
complex optical implementations**

**Fluorescence allows simple high
contrast specific imaging
(+ lots of exciting properties : next
talk, super-res)**

**More contrast mechanisms exist
(nonlinear microscopy, ...)**



3D imaging,
and tissue
imaging

Confocal Microscopy

What is the difference between a camera and a confocal microscope for

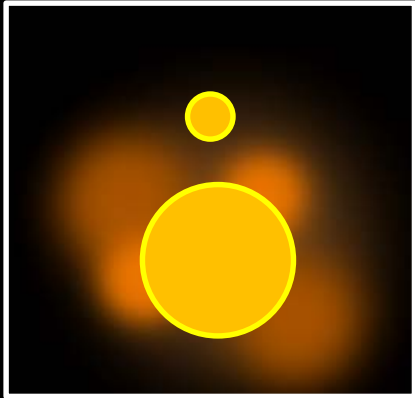
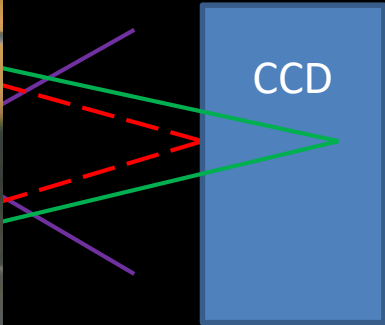


Out of focus

Out of focus

Same as photography

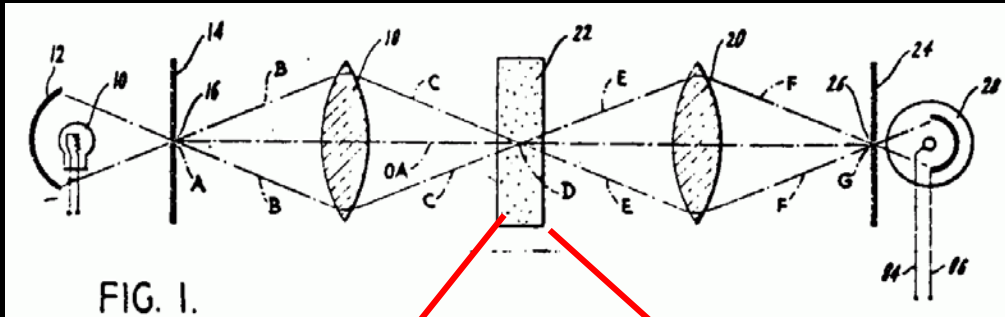
Camera sums all the different signals



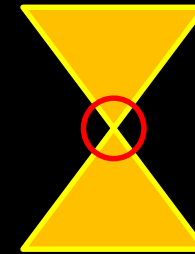
Confocal Microscopy

Confocal Microscopy: point illumination & point detection

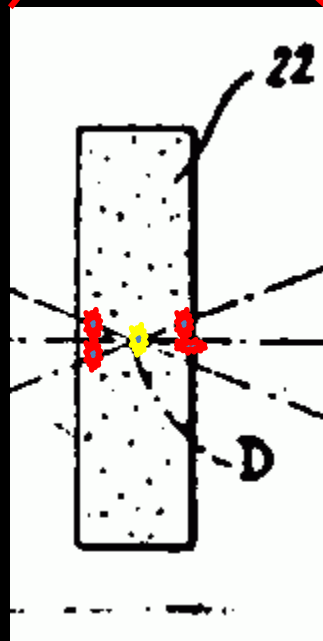
Minsky 1957



Illumination: excites cone of light in sample



Idea:
ONLY
signal
created
at the
focal
point is
detected



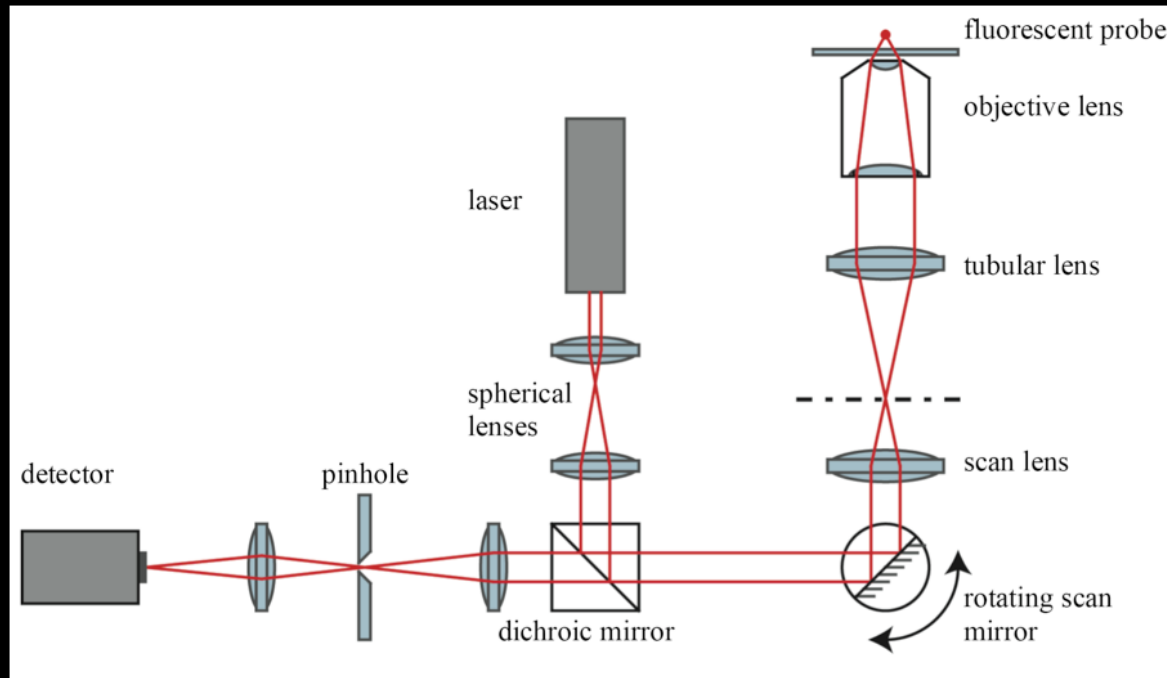
Detection: select only light coming from one point

Instrument response =
Excitation response x
Detection response

Point-scanning technique: originally
sample, now laser beam

Laser-scanning Confocal Microscopy

Sheppard, Wilson, Cremer, Brakenhoff...



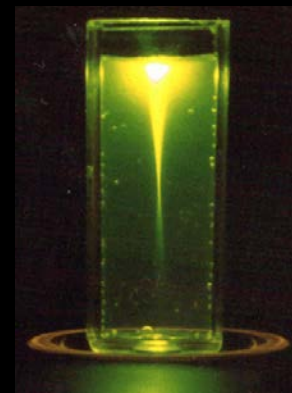
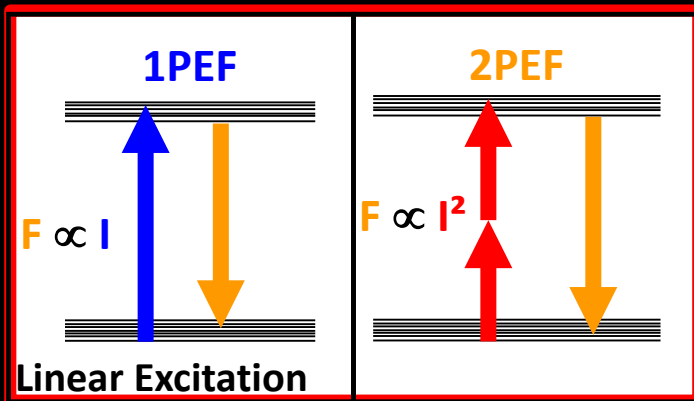
- Allows 3D resolution
- Increases 2D resolution (up to 40% but loss of signal)

Nonlinear Microscopy

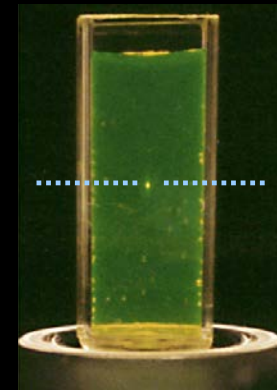
Imaging technique that relies on optical nonlinear effects which intensity depends nonlinearly on the excitation intensity

⇒ **The nonlinear effects are confined in the focal volume**

Example: 2PEF
2 photon Excited fluorescence



$S \propto I$
⇒ not confined



$S \propto I^2$ ou I^3
⇒ **confined excitation**

Zipfel & Webb (Cornell University)

⇒ **Intrinsic point-scanning technique**

Confocal microscopy allows 3D imaging of biological structures

**3D
imaging,
and tissue
imaging**

Nonlinear microscopy extends the range of confocals for deep tissue imaging

Light-sheet microscopy uses a completely different approach to achieve the same goal

Basics of Optical Microscopy

Conclusion

Lots of different microscopy methods, choose the most adapted to your sample

Magnification and resolution are different:
increase resolution by decreasing λ and
increasing NA

Fluorescence based-methods are very powerful
as you'll see in next talk 😊